

## Organisations at the Centre

### Burbank Forum

- Contact: Norma Morrish
- Tel: 01429 851373

### Hartlepool Advocacy Service

- Contact: Vicky Boyd
- Tel: 01429 851361

### Hartlepool Borough Council adult social care

- Tel: 01429 851368
- [www.hartlepool.gov.uk/  
adultsocialcare](http://www.hartlepool.gov.uk/adultsocialcare)

### Hartlepool United Disabled Supporters Association (HUDSA)

- Contact: Stuart Appleyard
- Tel: 01429 851362

### Health, Community and Independent Living for Life (HCILL)

- Tel: 01429 851360

### Incontrol-able

- Contact: Michael Slimings
- Tel: 01429 851363
- [www.incontrol-able.co.uk](http://www.incontrol-able.co.uk)

### The Main Project

- Contact: Anna Taylor
- Tel: 01429 851366
- [www.themainproject.co.uk](http://www.themainproject.co.uk)

### Positive Support in Tees

- Contact: Dave Barras
- Tel: 01429 851367
- [www.irvingdesign.co.uk/psit](http://www.irvingdesign.co.uk/psit)

### Roots to Employment

- Contact: Darran  
Hutchinson or Chris Horn
- Tel: 01429 851372

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# Hartlepool Centre for Independent Living



# Welcome

## » Welcome to the Centre for Independent Living!

The Centre is home to voluntary and community sector organisations offering advice, information, advocacy and practical help for those living with a disability.

The Centre is on the corner of Burbank Street and Mainsforth Terrace, Hartlepool.

For more information:

- Telephone: 01429 851350
- Website: [www.hartlepool.gov.uk/cil](http://www.hartlepool.gov.uk/cil)

## » Independent Living Suite

The Independent Living Suite is a place for you to try a range of daily living aids such as bathlifts and hoists, as well as smaller pieces of equipment. An assessor will be on-hand to advise you on the range of equipment available and how to use it safely.

This service is by arrangement only. Please contact us using the details above to make an appointment.

## » Bistro

Our new bistro with fully refurbished kitchen will be opening soon. In the meantime we are providing a catering service to those hiring the training room or events hall only.

## » Rooms to hire

Our training room and events hall are available to hire from as little as £8. IT equipment, flipcharts and catering is also available.

Please contact us to discuss your requirements.

## » Getting here

The Centre for Independent Living is approximately half a mile from Hartlepool train station. You can plan your journey to the CIL for free using [www.connectteesvalley.com](http://www.connectteesvalley.com) or by contacting Traveline on 0871 200 22 33 (charges apply).

The CIL offers ample free car parking to its visitors. The entrance to the car park is off Burbank Street, Hartlepool.