Teeswide Safeguarding Adults Board

Safeguarding Adults

What is abuse?
Abuse can happen in lots of different ways. It can be when another person hurts or treats you badly, or says things that can make you upset or scared.

Sometimes lots of **different types of abuse** can happen to a person all at the same:

Discriminatory
This is when you are treated badly or unfairly just because of who you are; for example because you have a disability.

Domestic
When people you live with (including your family) hurt you, or force you to do things which aren't good for you.

Financial or Material
This is when someone takes your money or personal things like your mobile phone. They could make you pay for things, or use your bank card to take money out without you wanting them to.

Neglect & Acts of Omission
This is when people who should, don't look after you properly. This could mean not feeding you, giving you the medication you need, not helping you to keep clean, or helping you go to health appointments.

Organisational
When staff in hospitals or care homes don't look after you the way they should. You could be left on your own for a long time, made to stay in your room, left in the bath or on the toilet for longer than needed.

Physical
This is when someone hurts you. It could be hitting, kicking, nipping or punching you. It could also be pushing you, pulling your hair or throwing something at you.

Psychological
This is when someone says bad things to hurt your feelings, mimic you, make fun of you, ignore you, or not let you be involved in things. They could also threaten to take something away from you which is important.

Self-Neglect
This is when you don't look after yourself properly. This can include not having health care treatment to make you better, not eating enough or the right type of food, or hoarding things in your home like newspapers, bottles or empty food containers.

Sexual Abuse & Exploitation
This is when someone touches you in private places when you don't want them to, force you to do things like have sex, or touch someone in their private places. They might make you watch films or look at pictures of people with no clothes on. They may also offer you money or other things so you have sex with them or other people.

Which adults are at risk of abuse?
Adult abuse can happen to anyone who is aged 18 or over. Abuse can happen to people who are more vulnerable, people who need support and help. This includes people who:
- Have a learning disability
- Have a physical disability
- Have mental health problems
- Are old and frail.

Where does abuse happen?
Abuse can happen anywhere:
- At home
- In day care
- Hospital
- Care home
- College
- In the street
- In other public places like parks and libraries.
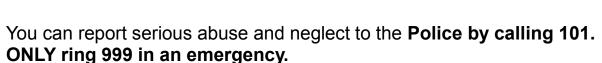
Who might abuse you?
This could be anyone including:
- Someone in your family
- Paid staff who look after you
- Volunteer staff who support you
- Neighbours
- Friends
- Strangers.

What should I do?
Contact **someone you trust** or your local Social Care Service on:

Hartlepool	**01642 523 390**
Middlesbrough	**01642 726 004**
Redcar & Cleveland	**01642 771 500**
Stockton-on-Tees	**01642 527 764**
Evenings and Weekends	**08702 402 994**

You can report serious abuse and neglect to the **Police by calling 101.
ONLY ring 999 in an emergency.**

What happens next?
We will make sure you are safe.

We will investigate the information you give us and make a plan that keeps you safe based on **your views and wishes**.

We will make sure you know what is happening at all times.

Ensuring our safeguarding arrangements act to help and protect adults

If you would like this information in another language or format contact:
01642 527265

Arabic

إذا كنت ترغب هذه المعلومات في لغة أو شكل جهة اتصال أخرى:
01642 527265

French

Si vous voulez cette information dans un autre contact de la langue ou le format:
01642 527265

Chinese (Traditional)

如果您想用另一種語言或格式的聯繫人信息：
01642 527265

Punjabi

ਤੁਹਾਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਨੂੰ ਜ ਫਾਰਮੈਟ ਨੂੰ ਸੰਪਰਕ ਵਿੱਚ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਚਾਹੁੰਦੇ ਹੋ:
01642 527265

Urdu

آپ کسی دوسری زبان یا فارمیٹ رابطے میں یہ معلومات چاہتے ہیں تو
01642 527265

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