

Early Help

Most families experience challenging times. Early Help is about identifying where a child and their family might need support with life challenges in either the *early years of a child's life* or in *the early stages of a problem* at any time in their childhood.

Early help can be accessed by professionals on behalf of the children and families they work with via the Common Assessment Framework (CAF). This makes sure that services are co-ordinated and focussed around the needs of the child or young person so that a child will receive.

...the right support at the right time.

Early help includes:

- Family support
- Benefits and Welfare Support
- Parenting support
- Support with Domestic Abuse issues
- Family separation support
- Activities for children and young people
- Childcare and Free Nursery Entitlement advice
- Under 5's Children's Centre activities
- Groups and activities for parents/children/young people
- Support with young people's substance misuse issues
- Support into education, training and employment
- Young people's health and relationship advice
- Support around young people's housing issues
- Advice on student finance and budgeting
- Specific targeted work with young people around anger management, sexual health etc...

» Contact us

You can contact the Children's Hub by letter, telephone or email. If English is not your first language, we can provide a translation service.

» Our opening times

We open at 8:30am every weekday. We close at 5:00pm Monday to Thursday. On Fridays we close at 4:30pm.



Telephone: 01429 284284



Textphone: 60006 (start your text with HBC)



Email: childrenshub@hartlepool.gcsx.gov.uk



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» About this factsheet

This factsheet provides general information about Early Help. We issued this factsheet in October 2015 and updated it in January 2018. We will check the information is up to date in January 2020.



You can download all of our factsheets and booklets from our website
www.hartlepool.gov.uk/childrensfactsheets