Our service is impartial. This means we will not take sides. We will give you the information and support you need to make your own choices.

Our service is confidential. That means our meeting will be private. We will only tell people what we talk about if you say it is okay. We also need to tell someone if we think you are in danger of being hurt.
Are you aged 25 or under?

Do you need support to do things or make yourself understood?

Do you find learning difficult at school and you need support?

The Law says that you can get information, advice and support.

You can come to us if you want some help with getting the right kind of:

- Support at school, college or training
- Support to enjoy leisure activities of at home.

If you are between 16 and 18 we can help to apply for a Personal Independent Payment – this is a benefit where you can get money with your independence.

Most people who are 16 years old or more or more and have finished year 11 can make their own decisions about their school or support.

If you would like a parent or carer to help then that is okay. It is up to you.

If you are under 16 years old, then we will need to talk to your parents or carers before we make a decision.