



# EXTRA CARE HOUSING



Review Date: July 2025

## What is extra care housing?

Extra care housing is self-contained flats or bungalows in a communal complex. Each property has their own kitchen, bathroom, bedroom(s) and living areas. There are care staff available on site 24/7 for people who need care and support.

Although all our extra care housing schemes vary in their design they all have some communal facilities and organised social activities.

Communal facilities include:

- A shop
- A café and/or restaurant
- A communal lounge
- A fitness suite or gym
- A hair salon
- Landscaped gardens

The aim of extra care is to help support people to be as independent as possible and live in their own property for as long as possible.

Moving into extra care housing can be a positive step for people who either have care or may need care in the future as there is care available on site which can change to suit your needs over time.

## **Extra Care Housing Schemes**

There are five extra care schemes in Hartlepool.

- Albany Court, Bamburgh Court and Richard Court are only available for social rent
- Hartfields and Laurel Gardens have mixed tenure properties. This means there are properties for social rent and also part of full ownership.

## Applying for housing for older people

To be eligible for extra care housing you need to be a minimum of:

- 55 years old with a care/support need, or
- 60 years old with no care/support needs
- There are a small number of properties available for people with a learning disability

To find out more or to apply for extra care housing you can either:

- Contact your care manager, if you have one
- Contact the manager of the particular scheme you are interested in (details below)

#### Albany Court/ / Richard Court / Bamburgh Court / Lauren Gardens

Managed by: Housing Hartlepool

- O1429 525252
  O1429
  O142
  O14
  O1
- ─ enquiries@housinghartlepool.co.uk

### <u>Hartfields</u> Managed by: Joseph Rowntree Housing Trust

- 🔇 01904 735011
- www.jrht.org.uk

# HOW TO CONTACT THE SUPPORT HUB

If you, or someone you care for - or a relative or friend - is finding life a bit difficult at the moment and would like to talk about it, contact our Support Hub - our gateway to information, advice, support and care.



Visit the Support Hub at **Community Hub Central**, York Road, TS26 9DE between 10am - 4pm Monday to Friday



Call **01429 272905** between 8.30am - 5pm Monday - Thursday. 8.30am - 4.30pm on a Friday.

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Email helping@hartlepool.gov.uk

We will connect you to the things that will help you get on with your life.

If you are **worried about someone being abused or neglected**, or if you need **information or support with hospital discharge** please contact:

The Integrated Single Point of Access (iSPA) You can contact the iSPA Monday - Thursday 8.30am - 5pm, Friday 8.30am - 4.30pm



01429 803100

ispa@hartlepool.gov.uk



07977709900 (Relay UK)

## How to get help if we are closed

If you need urgent help when our offices are closed, you can contact the **Emergency Duty Team** on **01642 524522**