



Adult Social Care

HOUSING OPTIONS FOR PEOPLE WITH A LEARNING DISABILITY



**HARTLEPOOL
BOROUGH COUNCIL**

Review Date: August 2025

What is housing for people with a learning disability

There is a variety of housing available for people with a learning disability. Some of this housing may be specially designed or adapted to suit your physical needs. Often housing for young people with a learning disability will also include support. This support will be at a level that is best for you. This support may be 24hrs a day with someone to help you at all times, or it may be just advice and a few prompts to help you. We want to make sure that you are supported to live as independently as possible.

Types of housing for people with a learning disability

There are lots of different types of housing available such as:

- An adapted or specially designed property. For more information please see our Factsheet: Disabled Facilities Grants.
- Supported living schemes where you have your own property which forms part of a communal scheme with support provided to help you
- Shared housing where you have your own bedroom but share the property with other people with support provided to help you
- Your own home or tenancy where you may live on your own or with people you choose
- With your own family or friends
- Extra care housing scheme

Applying for housing

If you are interested in any of the housing options above you should speak with Adult Social Care.


You can do this by:

- Talking to your care manager, if you have one
- Calling Adult Social Care who will be able to assess your level or need and help to provide the best housing option for you. Our First Contact and Support Hub will take your call and will pass you on to the relevant team for assistance.

HOW TO CONTACT THE SUPPORT HUB

If you, or someone you care for - or a relative or friend - is finding life a bit difficult at the moment and would like to talk about it, contact our Support Hub - [our gateway to information, advice, support and care](#).

 Visit the Support Hub at **Community Hub Central**, York Road, TS26 9DE between 10am - 4pm Monday to Friday

 Call **01429 272905** between 8.30am - 5pm Monday - Thursday.
8.30am - 4.30pm on a Friday.

 Email helping@hartlepool.gov.uk

We will connect you to the things that will help you get on with your life.

If you are **worried about someone being abused or neglected**, or if you need **information or support with hospital discharge** please contact:

The Integrated Single Point of Access (iSPA)

You can contact the iSPA Monday - Thursday 8.30am - 5pm, Friday 8.30am - 4.30pm

 **01429 803100**

 ispa@hartlepool.gov.uk

 **07977709900 (Relay UK)**

How to get help if we are closed

If you need urgent help when our offices are closed, you can contact the **Emergency Duty Team** on **01642 524522**