Adult Social Care

# WHAT DOES MY OCCUPATIONAL THERAPIST DO?

HARTLEPOOL
BOROUGH COUNCIL

# What do Hartlepool's Occupational Therapists do?

Our occupational therapists (OTs) work with adults and children who struggle with everyday tasks due to disability, illness or frailty. OTs work with their clients to agree the best way of helping them carry out these tasks so that they can live as independently as possible. They do this by providing equipment such as walking sticks or bath aids or assessing for adaptations such as stairlifts, ramps or additional bannister rails.

OTs are responsible for carrying out moving and handling risk assessments. or example, if anyone needed to be hoisted at home it is the OT's responsibility to train the carers and/or family members to use the hoisting equipment safely and correctly.

The Occupational Therapy team covers all areas of social care in Hartlepool, including:

- adult social care
- children's social care
- learning disability services, and
- mental health services

# Facts and Figures

The team gets between 150 and 180 new cases or referrals each month. Most of these referrals come through the **Hartlepool Support Hub**, but some come from social workers, local hospitals and the Primary Care Trust (PCT). Around 8 in every 10 of our new referrals are for people aged 80 or over.

We employ 5 occupational therapists (OTs) and 6 occupational therapy assistants (OTAs). OTAs are able to work on the majority of cases, though more complex cases are dealt with by OTs.

Our OTs and OTAs work from different buildings located throughout Hartlepool.

# HOW TO CONTACT THE SUPPORT HUB

If you, or someone you care for - or a relative or friend - is finding life a bit difficult at the moment and would like to talk about it, contact our Support Hub - our gateway to information, advice, support and care.

Visit the Support Hub at **Community Hub Central**, York Road, TS26 9DE between 10am - 4pm Monday to Friday

Call **01429 272905** between 8.30am - 5pm Monday - Thursday. 8.30am - 4.30pm on a Friday.

Email **helping@hartlepool.gov.uk**

*We will connect you to the things that will help you get on with your life.*

If you are **worried about someone being abused or neglected**, or if you need **information or support with hospital discharge** please contact:

The Integrated Single Point of Access (iSPA)
*You can contact the iSPA Monday - Thursday 8.30am - 5pm, Friday 8.30am - 4.30pm*

**01429 803100**

**ispa@hartlepool.gov.uk**

**07977709900 *(Relay UK)***

**How to get help if we are closed**

If you need urgent help when our offices are closed, you can contact the **Emergency Duty Team** on **01642 524522**