# **Adult and Community Based Services**

# What does my Occupational Therapist do?

## What do Hartlepool's Occupational Therapists do?

Our occupational therapists (OTs) work with adults and children who struggle with everyday tasks due to disability, illness or frailty. OTs work with their clients to agree the best way of helping them carry out these tasks so that they can live as independently as possible. They do this by providing equipment such as walking sticks or bath aids or assessing for adaptations such as stairlifts, ramps or additional banister rails.

OTs are responsible for carrying out moving and handling risk assessments. For example, if anyone needed to be hoisted at home it is the OT's responsibility to train the carers and/or family members to use the hoisting equipment safely and correctly.

The Occupational Therapy team covers all areas of social care in Hartlepool, including:

- adult social care
- children's social care
- learning disability services, and
- mental health services

# » Facts and Figures

The team gets between 150 and 180 new cases – or **referrals** – each month. Most of these referrals come through the **Early Intervention Team**, but some come from social workers, local hospitals and the Primary Care Trust (PCT). Around 8 in every 10 of our new referrals are for people aged 80 or over.

We employ 5 occupational therapists (OTs) and 6 occupational therapy assistants (OTAs). OTAs are able to work on the majority of cases, though more complex cases are dealt with by OTs.

Our OTs and OTAs work from different buildings located throughout Hartlepool.



#### Contact us

You can contact the Early Intervention Team by letter, telephone, text, or email. If English is not your first language, we can provide a translation service.

## » Our opening times

We open at 8:30am every weekday. We close at 5:00pm from Monday to Thursday. On Fridays we close at 4:30pm.

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Telephone: 01429 523390

Text Service: 60006 (start your text with HBC)

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E-mail: <u>dutyteam@hartlepool.gcsx.gov.uk</u>

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### » About this factsheet

This factsheet tells you about the role of Hartlepool's Occupational Therapists. We issued this factsheet in July 2011 and updated it in April 2018. We will check the information is up to date in April 2020.



You can download all of our factsheets from www.hartlepool.gov.uk/factsheetsandpublications