

## SPECIALIST STOP SMOKING SERVICE SESSIONS Hartlepool 2018

Monday	Rossmere Youth Centre, TS25 5EB	5:00pm-7:00pm
Tuesday	The Stranton Centre, Southburn Terrace, TS251SQ	10:00am-11:30am
	<b>*Seaton Carew Library,</b> <b>Station Lane,</b> TS25 1BN	10:00am-11:00am
Wednesday	The Headland Medical Centre, TS24 ONZ	5:00pm-6:30pm
Thursday	Community Hub Central, (Central Library), York Road, TS26 9DE	10:00am-12:00pm
	Community Hub South (Owton Manor Community Centre) Wynyard Road, Hartlepool, TS253LQ	1:00pm-2:30pm
	<b>Hindpool Close Children's Centre,</b> TS24 OTB	5:00pm-6:30pm
Friday	Community Hub North (Miers Avenue, West View), Hartlepool, TS24 9JQ	10:00am-11:30am
Saturday	One Life Centre, Park Road, TS247PW	10:00am-12:00pm

Please drop in at any of the above venues for help and advice.

Sessions are available to residents in the Hartlepool area 12 years of age and above. No appointment needed for the above Specialist Stop Smoking Sessions.

Please note that clients should arrive at least 20 minutes before the stated end times above in order to be assessed. Clinics are subject to changes - to confirm availability please ring the Specialist Stop Smoking Service. Alternatively, if you have access to the internet, please visit our website for up-to-date stop smoking sessions.

STOP SMOKING START LIVING 01642 383819

www.nth.nhs.uk/stopsmoking

\*Champix not available at this clinic





# PHARMACY ONE STOP SHOPS Hartlepool

## ASDA Late Opening Pharmacy

Marina Way Hartlepool **TS24 0XR** 

Tel: 01429 239010

#### **Boots the Chemist**

89 The Shopping Centre Middleton Grange Hartlepool **TS247RW** 

Tel: 01429 272718

### **Boots Pharmacy**

One Life Hartlepool Hartlepool **TS247PW** 

Tel: 01429 860871

## Clayfields Pharmacy

76 - 78 Oxford Road Hartlepool **TS255SA** 

Tel: 01429 274279

#### Pharmacy @ Seaton

68a Elizabeth Way Seaton Carew Hartlepool **TS25 2AX** 

Tel: 01429 268540

The above pharmacies are open to residents in the Hartlepool area, aged 16 years and over and are able to offer support to people who want to stop smoking. Please ring the Pharmacy you would like to attend to book an appointment for assessment.

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Last updated Dec 17

