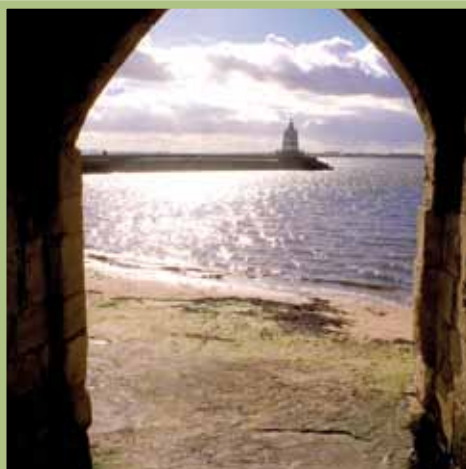


A Guide to Extra Care and Care Homes





Creating communities & improving quality of life

At Hill Care we understand that no two people are the same, which is why we offer a unique approach to care. Our fully qualified staff at Queens Meadow and Bannatyne Lodge are dedicated to maintaining privacy, supporting independence and protecting the dignity of each and every resident.

We provide:

Respite & long term stays, Residential & dementia care & Nursing care*

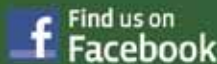
Contact Queens Meadow or Bannatyne Lodge to discuss your care needs.

* Bannatyne Lodge only.



Queens Meadow Care Home
327 Stockton Road, Hartlepool, County Durham TS25 5DF
Tel: 01429 267424 | queensmeadowmanager@hillcare.net

Bannatyne Lodge Care Home
Manor Way, Peterlee, County Durham SR8 5SB
Tel: 0191 586 9511 | bannatynelodgemanager@hillcare.net



Supported living in Hartlepool

We provide a range of accommodation to help people live independent lives for as long as possible.

Our supported living and extra care properties offer you the privacy of your own apartment with easy access to on-site facilities and local services. So you can get a helping hand whenever you need it.

A range of homes are available at Laurel Gardens, Albany Court, Richard Court and Bamburgh Court, and our developments offer:

- one and two bedroom apartments or bungalows with modern lounge,



kitchen and bathroom

- full lift and wheelchair access
- CCTV and secure entry
- communal lounges and gardens and a range of social activities
- professional care and support if and when you need it
- available for affordable rent - sale or shared ownership at Laurel Gardens.

We have a range of other homes in Hartlepool to meet individual needs. Accommodation and support is flexible and tailored for you - whether it's simply for a sense of security or help with daily tasks.

Why not call in and take a look?

To find out about the available homes or to come and have a look, get in touch with our older persons team at:

Telephone: **0300 111 1000**

Email: extracare@thirteengroup.co.uk

You can get more information about the accommodation at:

www.thirteengroup.co.uk/supportedliving

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May 2018

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Who is this guide for?

The information in this guide will help you if you:

- would like to find out more about extra care housing
- are thinking of moving into a residential or nursing care home
- need a short break in a residential or nursing care home
- are looking for care information for a relative or friend

What will this guide tell me?

The information in this guide will tell you:

- Who you should talk to if you need help and advice about extra care housing, residential or nursing care
- What we mean by 'extra care housing'
- What residential care is
- What nursing care is
- About the extra care housing schemes in Hartlepool
- About the residential and nursing care homes which Hartlepool Borough Council has a contract with
- How you can pay for your care and what financial support is available

This guide also includes some things that you may like to consider when you are thinking about moving into extra care, residential care or nursing care.

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South Yorkshire DN10 6AB. Tel: 01302 714528

Which type of care is best for me?

If you are finding it difficult to manage at home, or if you feel you need more help than your carers are able to give, you may want to think about moving to an extra care housing scheme or care home.

However, you may find that other support - such as home care or housing adaptations – will meet your needs. If you are thinking of moving to any type of extra care scheme or care home it is important that you get as much information and advice as possible. Before you make any decisions you will need to know what your options are and what help you are entitled to.

We can help you if you think you may need care and support services such as care in your own home, extra care housing or residential care.

If you feel that you may need some support from us, you can ask for a needs assessment. A needs assessment is a way for us to find out what type of support will help you. A care manager (social worker, occupational therapist or other

professional) will visit to talk to you about the kind of help you may need and what support we may be able to give you. You do not have to pay for a needs assessment.

You can ask for an assessment by contacting our Early Intervention Team:

- **By post or in person**

Adults and Community Based Services
Hartlepool Borough Council
Civic Centre
Victoria Road
Hartlepool
TS24 8AY

- **Telephone:** 01429 523390
- **Email:** dutyteam@hartlepool.gcsx.gov.uk

We are open from 8.30am until 5pm, Mondays to Thursdays. On Fridays we close at 4.30pm.

If you need urgent help when our offices are closed you can contact the Emergency Duty Team by:

- **Telephone:** 01642 524552
- **Textphone:** 01642 602346



What is extra care housing?

People living in 'extra care' housing live in their own fully-accessible house or flat with a kitchen, bathroom, bedroom(s) and living areas, with care staff available 24 hours a day should they be needed. The level of care offered to each resident differs depending on their individual needs.

Often, moving into extra care housing is a positive step taken by those who have a long-term health condition which means they are likely to need support or care in the future. The level of support you get when living in extra care can change over time in order to suit your needs. Most extra care flats and houses are designed to accommodate two people, so couples and relatives can carry on living together.

Extra care housing schemes tend to be developments of houses and/or flats built around community facilities. Facilities vary from scheme to scheme, but tend to include one or more of the following:

- a shop
- a café and/or restaurant
- a luncheon club
- a communal lounge
- a fitness suite or gym

- a hair salon
- landscaped gardens

If you choose to move in to extra care housing, the benefits include:

- You will have a safe and secure place to live
- You will be living in a property designed to the Lifetime Homes standard. This is a set of 16 design criteria that provide a model for building accessible and adaptable homes
- You have control over who comes and goes from your property, and when
- You stay in control of your finances and your life
- You can receive the same level of care that is offered in a residential care home placement
- You will have access to support 24 hours a day every day of the year, should you need it.

The majority of extra care housing provision is dedicated to people aged 55+ with care needs or 60+ without care needs. We also have a limited dedicated provision within extra care for people with a learning disability, working age adults with a physical disability and also people living with dementia.

How much does extra care housing cost?

You will always need to pay something towards the cost of extra care housing. The cost of extra care varies depending on your circumstances and the scheme you choose. There are three main elements to the cost of extra care:

- the cost of buying/renting and living in your home, including council tax, costs of meals and shopping, entertainment and transport.
- your personal care and support costs, if any. These costs will vary depending on the scheme you choose, your own circumstances and whether you are in receipt of any benefits.
- the cost of service charges for living within the scheme. Service charges pay for the maintenance of shared facilities at a scheme, such as heating and lighting in communal areas, gardens and lifts.

Payment options

Depending on the extra care housing scheme, there are different payment options available, including:

- outright purchase: you pay the whole purchase price and own 100% of the property
- shared ownership: you buy a share of the property, and pay rent to the organisation managing the scheme for the remainder
- social rent: you rent the property from the organisation which manages the scheme, such as Thirteen Group or Joseph Rowntree Housing Trust

What to do next

If you are interested in extra care housing, you can either:

- contact your care manager, if you have one
- contact the manager of the particular scheme you are interested in. You will find a list of schemes and contact details on page 10
- contact Jacqui Tucker at Hartlepool Borough Council by:
 - **Telephone:** 01429 266522
 - **Email:** dutyteam@hartlepool.gcsx.gov.uk

How much will I have to pay for personal care and support costs in extra care housing or at home?

You will normally need to have a means tested financial assessment, which will determine how much you need to contribute towards the cost of your personal care and support. The amount you will have to contribute is worked out using a national set of rules, and our 'Contribution Policy for Non Residential Support'.

As financial arrangements are complicated and can change, it is difficult to tell what amount you will contribute towards the cost of your personal care and support.



How can I get help with the amount of money I need to contribute towards my personal care and support costs?

Hartlepool Borough Council can only help with the amount of money that you are asked to contribute towards the cost of your personal care and support if you provide details of all of your finances to **Adults and Community Based Services**.

If you want us to help fund what you pay towards your personal care and support you must have a needs assessment. We will only fund your care if we agree after your needs assessment that you need support in an extra care setting or at home. After your needs assessment we will ask you to complete a financial assessment. In

this assessment we will ask you questions about your income, state benefits and savings. We will use this information to decide how much you will contribute towards the cost of your personal care and support.

We can also arrange for you to have a welfare benefits check to make sure that you are receiving all the benefits you are entitled to.

If you choose not to disclose full financial information you will need to pay for the cost of your personal care and support in full.

Orchard Care Homes in your area



St George's Hall & Lodge Care Home

Dementia nursing and dementia residential care

Middleton St George Hospital Site,
Middleton St George,
Darlington DL2 1TS
Telephone: **01325 335 425**



Green Lodge Care Home

The Green, Billingham,
Stockton-on-Tees,
Cleveland, TS23 1EW
Tel: **01642 553 665**



For more information call
01423 859 859
or visit www.orchardcarehomes.com
www.facebook.com/orchardcarehome

Working in partnership with:



Extra care housing schemes in Hartlepool

Scheme	Managed by:	Telephone and email or website	Outright purchase	Shared ownership	Social rent
Albany Court Hartlepool TS26 8HA	Thirteen	0300 111 1000 customerservices@ thirteengroup.co.uk	X	X	✓
Bamburgh Court Bamburgh Road Hartlepool TS27 3JF	Thirteen	0300 111 1000 customerservices@ thirteengroup.co.uk	X	X	✓
Hartfields Retirement Village Middle Warren Hartlepool TS26 0US	Joseph Rowntree Housing Trust	01904 735000 www.jrht.org.uk	✓	✓	✓
Laurel Gardens off Marlowe Road Hartlepool TS25 0PF	Thirteen	0300 111 1000 customerservices@ thirteengroup.co.uk	✓	✓	✓
Richard Court Lister Street Hartlepool TS26 9LL	Thirteen	0300 111 1000 customerservices@ thirteengroup.co.uk	X	X	✓

What is a care home?

A **care home** provides accommodation and professional help with daily tasks such as washing, dressing and eating.

A **care home with nursing** provides accommodation and professional help with daily tasks such as washing, dressing and eating. These care homes also provide qualified nursing care to make sure that they meet all of the needs of the people using the service.

Different care homes can offer different types of care, and some provide specialist care for people who need extra support due to dementia or other mental health issues and for those who have a disability.

All of the care homes in Hartlepool are run by either private companies or charities. Hartlepool Borough Council does not own or run any care homes or housing schemes.

How much will I have to pay to live in a care home?

You will always need to pay something towards the cost of your care home placement. The amount you will have to pay is worked out using the same set of rules wherever you live in England.

As financial arrangements are complicated and can change, it is difficult to tell what the cost of care will be unless a financial assessment is carried out.

In Hartlepool, the Council decides a price which we think it is reasonable to pay for residential or nursing care. This price depends on the type of care home you need.

If you are assessed as needing nursing care, the NHS will pay for the nursing care costs only. You will still need to

contribute towards the residential costs. If you are in need of nursing care, please read 'About Continuing Healthcare' on page 18.

Some residential or nursing care homes charge a price which is more than the price which the Council has decided is reasonable to pay for residential or nursing care. If you decide to go into a residential or nursing care home where this is the case then a friend, relative or other person may have to pay the extra amount to meet the price which the care home charges. This is often called a Third Party Contribution or top-up fee. You cannot pay this amount from your own income.

How can I get help with the cost of residential or nursing care?

The Council can only provide help with the cost of your residential or nursing care if you cannot afford to pay the full cost of your care.

If you want us to help fund your residential or nursing care you will need to have a needs assessment. We will only fund your care if we agree after

your needs assessment that you require residential or nursing care.

After your needs assessment we will ask you to complete a financial assessment. In this assessment we will ask you questions about your income, state benefits and savings. We will use this information to decide how much you

need to pay towards the cost of your residential or nursing care.

If you have savings or investments of more than **£23,250** then you will not be able to receive financial help with your care costs from us. You will have to pay for your own residential or nursing care.

The value of your former home may be included as part of your financial assessment, 12 weeks following your admission into permanent residential or nursing care.

The value of your former home should be disregarded if:

- your spouse or partner live there, or
- another relative who is either 60 years of age or receiving disability benefit live

with you on a long-term basis before your move in to residential care.

The value of your home is ignored if you are admitted to a care home for a temporary stay.

If your property is taken in to account and you have other capital assets of less than **£23,250** we will assist you under a 'deferred payment agreement'. This means we will pay towards your care on a loan basis and this money will need to be repaid when your property is sold later on.

You will always be left with a weekly amount for your own use. This is called a Personal Allowance. As of April 2018 the Personal Allowance is **£24.90** per week.

Paying for your own residential or nursing care

Even if you plan to pay for your own residential or nursing care or think that you may not be able to receive financial help from us, you can still ask us for advice and a needs assessment.

If you choose to have a needs assessment it will help you to decide what kind of care will best meet your needs. We may be able to tell you about other ways of meeting your needs other than residential or nursing care.

If you have a needs assessment we may be able to help you quicker if your savings

or investments drop below £23,250 and you are able to get help from the Council with the cost of your residential or nursing care.

If you have a needs assessment we will also be able to provide you with advice and guidance and help you to deal with any concerns you might have about your residential and nursing care.

We can also arrange for you to have a welfare benefits check to make sure you are receiving all of the benefits you are entitled to.

The Care Quality Commission

All care homes in the United Kingdom have to be registered with the Care Quality Commission, or CQC.

The Care Quality Commission is an independent body. It inspects and reports on care services and councils across the country.

The CQC also inspects all care homes. You can see what inspectors have said about each care home by contacting the CQC or visiting their website.

- **Post:** CQC National Customer Service Centre, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA
- **Telephone:** 03000 616161
- **Email:** enquiries@cqc.org.uk
- **Website:** www.cqc.org.uk

The CQC does not inspect extra care housing schemes but does inspect the registered agencies responsible for delivering care within each scheme.

How are residential and nursing care homes for older people rated?

Introducing the Quality Standards Framework

As well as the CQC registration process, Hartlepool Borough Council has introduced an assessment scheme which has helped rate the residential and nursing homes for older people according to their environmental standards and the quality of the care provided in each home. This assessment scheme is called the Quality Standards Framework (QSF).

The QSF will help to promote improvements in care home services for older people and has given the Council a way to link the quality of the care to what they are paid.

The information for QSF is collected by the Council and this includes speaking

to residents about the home they live in. The Council collects information on the following six areas:

Information and Involvement – how well are residents involved and told about what is happening in their care? How are residents helped to make decisions about how their needs should be met?

Personalised Care Treatment and Support - how well are the needs of the residents assessed and how well does the care home provide co-ordinated care? This section also considered how well the care home met the nutritional needs and preferences of individual residents.

Safeguarding and Safety - how well does the care home protect residents from abuse and promote their rights? How clean is the home and how well do the care home staff make sure residents get the medicine they need, when it is needed? This section also looked at how well the building and equipment is maintained.

Suitability of Staffing - how well are staff recruited and managed to ensure that they are appropriately qualified? Are there always enough staff available to meet the needs of the residents? How well does the care home support staff to learn new skills and improve old ones?

Quality and Management - how well does the care home check and monitor the quality of its services? How well do they check that residents are safe and happy and how well do staff maintain records about the resident's care? This section also considered how well the home dealt with and learnt from complaints about the service.

Environment - how well does the home meet the requirements of the environmental standards? This is assessed by an independent consultant who has visited the care homes and decided how well the building complies with the requirements of a care or nursing home.

The QSF assessment scheme can give each home a rating of Grade 1, Grade 2, Grade 3 or Grade 4.

A Grade 1 home has met the requirements of the Council's contract to a greater extent than a Grade 4 home. We support the care homes to improve their Grade. Where relevant, they are required to take immediate action to address any concerns that have been identified through the QSF assessment.

The current grades for each of the older persons residential and nursing homes are given on pages 15 to 17 of this care home brochure.

Once the QSF assessment has been completed, if required, the older persons care and nursing home produces an action plan to show how they intend to address any areas of concern; the progress will be monitored by the Council. This helps the home to make continuing improvements to their services.

For the most up to date copy of the QSF Assessment Reports giving explanations about how well the homes do the things described above, visit the Council's website www.hartlepool.gov.uk/QSF



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Telephone: 01325 307473

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"A lift in the right direction..."

Care homes in Hartlepool

The following list provides information on care homes within Hartlepool and show the categories of care currently provided in each home. Please contact the home direct for information on any other categories that they can support.

Home name and contact details	Nursing care available?	Specialisms/ Services	Quality Grade where applicable
Brierton Lodge Nursing Centre, Brierton Lane, Hartlepool TS25 5DP (01429) 868786	Yes	Dementia, Older people (must have a nursing need)	1
Burbank Mews, 1-4 Burbank Mews, Burbank Street, Hartlepool TS24 7NY (01429) 851352		Learning disabilities	1
Charlotte Grange, Flaxton Street, Hartlepool TS26 9JY (01429) 860301		Dementia, Older people	2
Clifton House, 94-96 Clifton Avenue, Hartlepool TS26 9QP (01429) 223399		Dementia, Older people	2
Crescent Care Home 7 South Crescent, Hartlepool TS24 0QG (01429) 861350		Learning disabilities	1
De Bruce Court, Jones Road, Hartlepool, TS24 9BD (01429) 232644	Yes	Older people, dementia	TBC
Dinsdale Lodge Care Home, 42-44 Station Lane, Seaton Carew, Hartlepool TS25 1BG (01429) 863440		Physical disabilities, Older people, Dementia	1
Elwick Grange, Elwick Road, Hartlepool TS26 9LX 0333 4343 027		Older people, Dementia.	1
Five Penny House, 42 Westbourne Road, Hartlepool TS25 5RE (01429) 276087		Learning disabilities	1



Care homes in Hartlepool

Home name and contact details	Nursing care available?	Specialisms/ Services	Quality Grade where applicable
Greenfields Lodge, 152a Stockton Road, Hartlepool TS25 5BQ (01429) 232892		Learning disabilities (Respite only)	2
Gretton Court, 1 Heather Grove, Hartlepool TS24 8QZ (01429) 862255	Yes	Dementia (must have a nursing need)	1
Lindisfarne Care Home, Masefield Road, Hartlepool TS25 4JY (01429) 244020		Dementia, Older people	1
Queens Meadow Care Home, 327 Stockton Road, Hartlepool TS25 5DF (01429) 267424		Dementia, Older people	1
Rosedale/Rosewood, 5-7 Flaxton Street, Hartlepool TS26 9JY (01429) 269249		Learning disabilities	1
Rossmere Park Care Centre, 1 Greenock Road, Hartlepool, TS25 4EU (01429) 812288	Yes	Older people, Dementia, Nursing (older people only)	1
Seaton Hall Residential Home, 10 The Green, Seaton Carew, Hartlepool TS25 1AS (01429) 260095		Older people, Dementia	2
Seymour House, The Front, Hartlepool TS25 1DJ (01429) 863873	Yes	Mental health conditions	2
Sheraton Court, Warren Road, Hartlepool TS24 9HA (01429) 277365		Dementia, Older people	1
South Highnam, Park Avenue, Hartlepool TS26 0DZ (01429) 864848		Learning disabilities	1

Care homes in Hartlepool

Home name and contact details	Nursing care available?	Specialisms/ Services	Quality Grade where applicable
Stichell House , The Hospital of God at Greatham, Greatham, Hartlepool TS25 2HS (01429) 872083		Older people	1
Warrior Park Care Home , Queen Street, Seaton Carew, Hartlepool TS25 1EZ (01429) 234705	Yes	Dementia, Physical disabilities, Older people, Mental Health Conditions	2
Westview Lodge Care Home , 124A West View Road, Hartlepool TS24 0BW (01429) 234929		Dementia, Older people, Young onset dementia, Physical Disabilities	1
Wordsley House , 10 Westbourne Road, Hartlepool TS25 5RE (01429) 293554		Mental Health Conditions	1
Wynyard Woods , Wynyard Woods, Wynyard, Billingham TS22 5GJ (01740) 646980		Dementia, Older people	1

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About NHS continuing healthcare

NHS continuing healthcare is the name given to care arranged and funded solely by the NHS to meet complex physical and/or mental health needs that have arisen as a result of your disability, accident or illness.

If you have complex health needs it is not always clear whether the services you need are the responsibility of the NHS or your local social care services. Decisions about who has overall responsibility for your care have financial implications as NHS services are free, whereas social care services are means tested.

Your eligibility for NHS continuing healthcare depends on whether your need for care is primarily due to your health needs. You may receive continuing healthcare in any setting, including (but not limited to) your own home, extra care housing, a hospice or a care home. Being in receipt of NHS continuing healthcare does not cover your housing costs but it does guarantee your care costs.

The national framework for continuing healthcare provides detailed guidelines

about whether or not you may qualify you for continuing healthcare. If you think you may qualify or if you would like more detailed information about continuing healthcare, please:

- talk to your care manager, or
- talk to a nurse on the ward if you are in hospital
- find more detailed information on the Department of Health website (www.dh.gov.uk). You may find the booklet 'NHS continuing healthcare and NHS-funded nursing care: public information' helpful. If you do not have access to the internet you can request a copy of this booklet by telephoning the Department of Health Publications Orderline on 0300 123 1002
- find more detailed information on the Age UK website (www.ageuk.org.uk).

You may find the Age UK factsheet 'NHS continuing healthcare and NHS-funded nursing care' (Age UK factsheet 20) particularly helpful.

If you do not have access to the Internet you can telephone the Age UK advice line on 0800 169 6565.

Making decisions

Choosing where you live is an important decision. Only you can decide where you would most like to live and which extra care scheme or care home best meets your needs.

You should find out as much as possible about any extra care scheme or care home you are considering.

This checklist gives suggested questions to ask and things to look for when visiting potential future homes.

First impressions

- Does the extra care scheme/home feel friendly and welcoming?
- Do staff ask about you and your interests?
- Are the buildings well decorated and well kept?
- Does it smell OK?
- Does it seem to be a comfortable temperature?
- Do staff treat residents in a friendly manner and respect their wishes on how they would like to be addressed (e.g. as Mr or Mrs or by first name)?
- Are staff caring and attentive towards residents?
- Are there adequate members of staff on duty to give enough individual attention?

- Are there people of a similar age to you, with similar interests, who you will be able to get to know further?
- Are the other residents active and content?

Location and building

- Where is the extra care scheme/home?
- Will visitors be able to get to it easily?
- Will it be easy for you to keep in touch with friends and family?
- Are there transport links nearby? If you are looking at a residential home, does it have its own minibus?
- Are facilities such as shops, pubs, parks and places of worship within easy reach?
- Will it be easy for you to enter and leave the building, and move between rooms and floors?
- If you are looking at a residential home, can residents have personal possessions such as pictures, plants and furniture in their rooms?

For residential care homes in particular: day to day choices

- Are you given the freedom to make choices about your daily routine?
- Will you be able to rise and go to bed when you choose?



Making decisions

- Can you choose which clothes to wear each day?
- Are there any restrictions on visiting times or numbers of visitors?
- Where can you go to spend time with your visitors?
- Is the home right for your cultural and religious needs?
- Can the home meet your dietary needs?
- Is there a choice of food, and when and where you can eat?

Your care needs

- Is the home/care agency at the extra care scheme registered to provide the level of care you need?
- Do the other residents seem to have a similar level of need to you?
- What will happen if your needs change or increase?
- Can you choose how often you bathe or shower?
- Are toilets available in all parts of the home?
- How are the staff members trained?

Contracts and fees

- Can you see a copy of the scheme's/home's brochure?
- Can you see copies of recent inspection reports?
- Can you see a copy of the home's contract or written conditions?

You should visit the extra care housing scheme or care home with your family or friends if possible. Most managers would prefer people to visit before they make any decisions. You can visit more than one place before making a choice and it may be useful to visit at different times of day. Don't feel as though you must make an appointment to view a home or scheme: you may get a more accurate impression of a place by turning up unannounced. Try to talk to other residents and members of staff other than the manager, too.

What should I do if I have a problem or a complaint?

If you have a problem or complaint about a social care provider you should try to resolve it by speaking direct to the provider in the first instance.

All providers will have a complaints procedure which you can use to make a complaint if you need to. If you make a complaint about the provider this should not affect the attitude of staff towards you.

If you have a complaint about a registered provider and would prefer to tell someone in confidence, you can contact the Care Quality Commission by:

- **Post:**
CQC National Customer Service Centre
Citygate, Gallowgate
Newcastle upon Tyne
NE1 4PA
- **Telephone:** 03000 616161
- **Email:** enquiries@cqc.org.uk
- **Website:** www.cqc.org.uk

If you have gone through our assessment process you can complain to us whether you pay for your own care or not. You can do this by contacting our complaints officer by:

- **Post:**
Complaints Officer
Adults and Community Based Services
Hartlepool Borough Council

Civic Centre
Victoria Road
Hartlepool TS24 8AY

- **Telephone:** 01429 284020 (office hours only)
- **Email:** cas.complaints@hartlepool.gcsx.gov.uk
- **Website:** www.hartlepool.gov.uk/socialcarecomplaints

If you have arranged and now pay for your own care, you can complain direct to the Local Government Ombudsman (LGO) by telephone on 0300 061 0614.



A Welcome New Approach to Independent Living at Home

MyLife Living Assistance offers professional and compassionate support in the home to enable a more independent lifestyle.

We can offer you and your family:

- ✓ Assistance at home
- ✓ Companionship service
- ✓ Respite support
- ✓ Help getting out and about
- ✓ Personal assistance
- ✓ Assistance to appointments
- ✓ Dementia Care - all staff have enhanced dementia care training



T: 01429 856 407

E: enquiriesteesside@mylifelivingassistance.co.uk
mylifelivingassistance.co.uk

Safeguarding adults: protecting adults from abuse and neglect

All adults have the right to be safe from harm and should be able to live free from fear of abuse, neglect and exploitation.

What are abuse and neglect?

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse and neglect, while at the same time making sure that the adult's wellbeing is being promoted.

There are many different types of abuse and neglect. These may include:

- **Physical**

For example, hitting, burning, holding down or pushing around.

- **Sexual**

For example, touching in a way they do not like, forcing someone to have sex, forcing someone to look at sexual pictures or videos, or making someone do something sexual to someone that feels uncomfortable or wrong.

- **Financial or material abuse** –

including theft, fraud, internet scamming, coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property,

inheritance or financial transactions, or the misuse or misappropriation of property, possessions or benefits.

- **Neglect and acts of omission**

– including ignoring medical, emotional or physical care needs, failure to provide access to appropriate health, care and support or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating.

- **Self-neglect** – this covers a wide

range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding.

- **Psychological**

For example, continuously threatening to hurt someone or leave, keeping someone away from other people, locking someone in or making someone feel unworthy.

- **Discriminatory**

For example, treating someone badly or unfairly because of their age, disability, sexuality, gender, religion or the colour of their skin.

- **Domestic violence** – including

psychological, physical, sexual, financial,

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emotional abuse; so called 'honour' based violence.

- **Modern slavery** – this includes slavery, human trafficking, forced labour and domestic servitude.
- **Organisational** – including neglect and poor care practice within an institution or specific care setting such as a hospital or care home, for example, or in relation to care provided in someone's own home.

What to do

If you think that you or someone you know is being abused, contact

our Early Intervention Team:

- **By post or in person**
Adults and Community Based Services
Hartlepool Borough Council
Civic Centre, Victoria Road
Hartlepool TS24 8AY
- **Telephone:** 01429 523390
- **Email:** dutyteam@hartlepool.gcsx.gov.uk

If our offices are closed you can contact the Emergency Duty Team by:

- **Telephone:** 01642 524552
- **Textphone:** 01642 602346



MHA Reuben Manor

Residential & dementia care home



Rated 'Good' by the CQC, Reuben Manor boasts:

- Spacious, comfortable bedrooms with en-suite bathrooms
- Coffee shop, hair & beauty salon and cosy communal lounges
- A dedicated Hospitality & Activity Team, music therapist and Chaplain
- Highly trained staff on-site 24 hours a day



To find out more call **01642 784 189** or email ReubenManor.Eaglescliffe@mha.org.uk

Montpellier Manor

Residential & dementia care home opening soon in Stainton



Montpellier Manor will boast:

- 85 spacious and comfortable bedrooms with en-suite bathrooms
- Coffee shop, hair & beauty salon and cosy communal lounges
- A dedicated Hospitality & Activity Team who provide a range of individual and group activities

To find out more call **01332 221 918** or email home.montpellier@mha.org.uk

