

Monday

Chatham Children's Centre
Learning Lounge Drop In
 10:00am – 11:00am
 Support for parents looking to engage in education or employment

Hindpool Children's Centre

All About Baby & You
 9:15am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Nursery Here I Come!
 1:00pm – 2:30pm

Prepare your child for nursery
 Suitable for children 2-4 years

Lynnfield Children's Centre

Nursery Here I Come!
 9:30am – 11:00am

Prepare your child for nursery
 Suitable for children 2-4 years

Baby Yoga

1:30pm – 2:30pm

Suitable for babies between 10 weeks and 6 months old

Mum must have had post natal check
 Booking essential subject to health questionnaire
 Maximum 1 course per baby
 £16 per child per 4 week course payable in advance

Rossmere Children's Centre

First Latch

9:15am – 10:15am

Health Visitor led group offering advice and support to breastfeeding mums
 Suitable for children birth to 8 months

Latch On

10:00am – 11:30am

Parent led group for breastfeeding mums offering informal support in a relaxed environment
 Suitable for breastfed children of any age

All About Baby & You
 1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Tuesday

Chatham Children's Centre

All About Baby & You
 1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Hindpool Children's Centre

Once Upon a Time

10:00am – 11:00am

Magical tales, rhymes and crafts with our Storybook Lady
 Suitable for children 2-5 years

Rossmere Children's Centre

Nursery Here I Come!

1:00pm – 2:30pm

Prepare your child for nursery
 Suitable for children 2-4 years

Stranton Children's Centre

Little Ones

9:30am – 11:00am

Meet new friends and learn to play together
 Suitable for children birth to 4 years

All About Baby & You
 1:00pm – 2:30pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)



Wednesday

Chatham Children's Centre

Nursery Here I Come!
 1:00pm – 2:30pm

Prepare your child for nursery
 Suitable for children 2-4 years

Hindpool Children's Centre

Tumble Time

10:00am – 11:00am

Active play for walkers under 5 years

Lynnfield Children's Centre

All About Baby & You
 9:15am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Lynnfield Little Ones

1:00pm – 2:30pm

Meet new friends and learn to play together
 Suitable for children birth to 4 years

Rossmere Children's Centre

123 Magic

9:30am – 11:30am (Term time only)

2 week course for parents to encourage positive behaviours
 Booking essential, crèche available
 Suitable for parents of children 2-12 years

Messy Play

10:00am – 11:00am

Come along and enjoy creative play
 Suitable for children over 6 months old

#Under25s

1:00pm – 2:30pm

Family fun for young parents under 25 and their children



Thursday

Chatham Children's Centre

Daddy and I

1:30pm – 3:00pm

Play opportunity for dads or male carers and their children
 Suitable for children up to 5 years

Hindpool Children's Centre

Hindpool Little Ones

9:30am – 11:00am

Meet new friends and learn to play together
 Suitable for children birth to 4 years

Miers Avenue Children's Centre

All About Baby & You
 1:30pm – 3:00pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Rift House Children's Centre

All About Baby & You
 1:00pm – 2:30pm
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Rossmere Children's Centre

Once Upon a Time

10:00am – 11:00am

Enjoy songs, stories and rhymes
 Suitable for children birth to 5 years

Stranton Children's Centre

Nursery Here I Come!

9:30am – 11:00am

Prepare your child for nursery
 Suitable for children 2-4 years



Like our Facebook page 'Hartlepool Children's Centres' to receive updates on services and activities

Friday

Hindpool Children's Centre

Messy Play

10:00am – 11:00am

Come along and enjoy creative play
 Suitable for children over 6 months old

Rossmere Children's Centre

All About Baby & You
 9:15am – 11:00am
Baby Time

Play opportunity for non walkers
Healthy Start Drop In
 Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
 (By appointment)

Tumble Time

1:30pm – 2:30pm

Active play for walkers under 5 years

Baby Massage

2:00pm – 3:00pm

Suitable for babies up to 6 months

Please bring a towel

Booking essential

Maximum 1 course per baby
 £16 per child per 4 week course
 Payable in advance



Monthly Events

You Say, We Listen

Rossmere Children's Centre

1:00pm – 2:30pm

First **Wednesday** of each month
 Your opinion counts. Come and have your say on Children's Centre services at our Parents' Forum

Hartlepool Dad's United

Chatham Children's Centre

6:00pm – 8:00pm

Last **Wednesday** of each month
 Hartlepool Dads United are dads and male carers who plan activities for themselves and their children.
 Confirm by phoning 01429 284466