

### » Finding out what support you need

Sometimes we might need extra help in school, college or training. To find out if you need extra support, you might have an **Education, Health and Care Needs Assessment**.

This is a careful look at what you might need help with. Lots of people think about what you might need and then write reports.

Sometimes it is called an **EHC Needs Assessment**.

You and the people who support you will think about what you **can do** on your own and what you might **need extra help** with. They will try to work out if you need any **extra support**.

At the end they will decide if you need a plan to get you extra help in your school, college or training. This would be called an **Education, Health and Care Plan**.

If you are over 18 you might need a plan to make sure you can finish your education or training.

### » Who should have the assessment?

You must have an EHC Needs Assessment if you are:

- Aged **25 years and under**.
- You have **special educational needs**. This means you need extra help to learn things.
- Your school or college may not be able to give you all of the support you need

You and your parents or carers will be asked if you want to write down or **say what you think** about your needs and support.

Lots of other people will also help write reports, including:

- Your school or college.
- People that support you.
- An Educational Psychologist. This is someone who knows lots about how people learn.
- If you see them, doctors and therapists.
- If you use social services or need to, social workers.
- If you have problems with hearing or sight, teachers who know lots about those things.
- Any other people you want to write reports and explain your needs.

The law says that the local authority must send everyone what you have said you need, or any reports you want them to look at.

### » How do I get an assessment?

You can **ask** for an assessment if you are aged between 16 and 25 years old and you think you might need one.

Other people that can ask for you are:

- Your parent or carers.
- Your school.
- People who work with you, like doctors or teachers.

There are people called **Independent Supporters** who are there to **help**.

You can **ask your local authority** to help find you an Independent Supporter.

If you want any **help** getting an EHC Needs Assessment then you can ask the **Information, Advice and Support Service**. If you do not agree with anything then they can make sure your views are heard.

### » Have your say

Please let us know any comments you may have about this leaflet by contacting the Information, advice and Support Service using the contact details below.

Alternatively you can write to us at:

Hartlepool Information, Advice and Support Service  
Hartlepool Borough Council  
Children's and Joint Commissioning Services  
Level 4, Victoria Road  
Hartlepool  
TS24 8AY

Further copies of this and other leaflets are available from the Information, Advice and Support Service.

This leaflet is also available in large print on request.

### » Data Protection

Although we are part of Hartlepool Borough Council, any record we make of your contact with us is confidential to the Information, Advice and Support Service except where you agree to us talking with other agencies, or if a child is at risk.

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*We issued this document in August 2018. We will check the information is up to date in August 2020.*