

## Monday

### Hindpool Children's Centre

**Weigh, Stay & Play**  
9:30am – 11:00am  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Lynnfield Children's Centre

**Lynnfield Little Ones**

9:30am – 11:00am  
Make new friends and prepare your child for nursery  
Suitable for walkers under 5 years

### Rossmere Children's Centre

**First Latch**

9:15am – 10:15am  
Health Visitor led group offering advice and support to breastfeeding mums  
Suitable for children birth to 8 months

**Latch On**

10:00am – 11:30am  
Parent led group for breastfeeding mums offering informal support in a relaxed environment  
Suitable for breastfed children of any age

**Weigh, Stay & Play**  
1:30pm – 3:00pm  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Stranton Children's Centre

**Stranton Little Ones**

1:30pm – 3:00pm  
Make new friends and prepare your child for nursery  
Suitable for walkers under 5 years

## Tuesday

### Chatham Children's Centre

**Weigh, Stay & Play**  
1:30pm – 3:00pm  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Stranton Children's Centre

**Weigh, Stay & Play**  
1:00pm – 2:30pm  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

## Wednesday

### Lynnfield Children's Centre

**Weigh, Stay & Play**  
9:30am – 11:00am  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Rossmere Children's Centre

**123 Magic**

9:30am – 11:30am (Term time only)  
2 week course for parents to encourage positive behaviours  
Booking essential, crèche available  
Suitable for parents of children 2-12 years

**Rossmere Little Ones**

1:00pm – 2:30pm  
Make new friends and prepare your child for nursery  
Suitable for walkers under 5 years

### Monthly Events

**Hartlepool Dad's United**  
**Rossmere Children's Centre**  
5:00pm – 7:00pm

Last **Wednesday** of each month  
Hartlepool Dad's United are dads and male carers who plan and deliver activities for themselves and their children.

For more information call 01429 292444

**facebook**

Like our Facebook page 'Hartlepool Children's Centres' to receive updates on services and activities



## Thursday

### Chatham Children's Centre

**Stay, Play and Have Your Say!**

10:00am – 11:00am  
A parent focused group looking at how you can become involved in your Children's Centres

### Hindpool Children's Centre

**Hindpool Little Ones**

9:30am – 11:00am  
Make new friends and prepare your child for nursery  
Suitable for walkers under 5 years

### Miers Avenue Children's Centre

**Weigh, Stay & Play**  
1:30pm – 3:00pm  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Rift House Children's Centre

**Weigh, Stay & Play**  
1:00pm – 2:30pm  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Rossmere Children's Centre

**Rossmere Children's Centre**  
**Baby Massage**

9:30am – 10:30am  
Suitable for babies up to 6 months  
Please bring a towel  
Booking essential  
Maximum 1 course per baby  
£16 per child per 4 week course payable in advance

## Friday

### Rossmere Children's Centre

**Weigh, Stay & Play**  
9:30am – 11:00am  
Baby Time

Play opportunity for non walkers  
**Healthy Start Drop In**  
Health staff on hand to offer help, feeding support and advice for under 5's  
**Ante-natal**  
(By appointment)

### Time on your hands? Want to work with children?

Have you ever considered volunteering in your local Children's Centre? We have volunteering opportunities in a range of roles. Your Children's Centre could provide you with valuable knowledge and experience in a work setting.

Volunteering In Your Community Level 1 will take place in Hindpool Children's Centre on Wednesdays from 9<sup>th</sup> January to 20<sup>th</sup> March 2019 between 9:30am and 12:00pm term time.

To book your place on the next course please call Adult Education on 01429 868619. You will be required to go to Adult Education on Tower Street to enrol, prior to starting.

Why not check out Volunteer Hartlepool [www.volunteerhartlepool.org.uk](http://www.volunteerhartlepool.org.uk) for more opportunities.

### Important Information

In accordance with the new Data Protection laws, we are required to tell you how and why we will use your data. We have updated our Children's Centre Privacy Notice and this can be viewed either at the Children's Centres or on our website at [www.hartlepool.gov.uk/privacy-notices](http://www.hartlepool.gov.uk/privacy-notices). We would like to continue to send you information, by post, about our exciting events, activities and services. **However, if you do not wish to receive this information anymore, you can withdraw your consent to the processing of your information for this purpose at any time by contacting any Children's Centre.**