



# Why you should make your own Play-Dough

- It's lots of fun, exciting and provides exploratory opportunities.
- Easy to handle and mould, making it good for little hands as they develop handling skills with tools such as cutters and rolling pins.
- It can be soothing and comforting.
- It introduces children to following recipes and provides early experiences of measuring as children pour, mix and knead.
- It develops creativity and imaginative play as children mould, form and explore changing shapes and model making.
- It is cheaper than buying pre –prepared products

#### Smelly tip:

for a nice smelling play-dough, add a few drops of vanilla extract, almond extract, or peppermint extract to any of the play-dough recipes overleaf.

**First Contact**

and

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To find your nearest children's  
centre call: **01429 284284**





## Cooked Play-Dough

### Ingredients

- 3 Cups of flour
- 1 Cup of salt
- 3 Cups of water
- Food colouring
- 6 Teaspoons of Cream of Tartar
- 3 Tablespoons of vegetable oil

Mix flour, salt and Cream of Tartar in a large saucepan. Blend water and oil together in a bowl. Add to the saucepan and cook over medium heat, stirring constantly until it thickens. Add several drops of food colouring until you get the right colour. Cook for about five minutes. Take the play dough out of the saucepan and put it on a cutting board or counter and knead for a few minutes. Add flour if it's too sticky.

This play dough should last around three months if you keep it sealed in an airtight container or plastic zip lock bag.

## No Fuss Play-Dough

### Ingredients:

- 1 Cup of cold water
- 1 Cup of salt
- 2 Cups of flour
- Food colouring
- 2 Tablespoons of Cornstarch
- 2 Teaspoons of vegetable oil

In a large bowl, mix together water, salt oil and a few drops of food colouring. Mix flour and Cornstarch and add  $\frac{1}{2}$  cup at a time, stirring constantly (you may need a little more or a little less than 2 cups of flour so make sure you stir in until it is the right consistency). Knead for a few minutes with flour on your hands.

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