

Dementia Action Week - Monday 20 May - Sunday 26 May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10am - 11am Big surprise at Middleton Grange Come along and join in. All ages welcome.</p> <hr/> <p>10.30am - 11.30am Stories and Rhymes session (suitable for pre-school children). Community Hub Central and Throston Library</p> <hr/> <p>12pm - 12.45pm Dementia Friends Sessions 45 minute session on how you could support people living with dementia. Call 01429 868587 to book. The Bridge</p> <hr/> <p>2pm - 3pm Stories and Rhymes session (suitable for pre-school children). Community Hub South, Wynyard Road</p>	<p>1.30pm - 2.30pm Stories and Rhymes session (suitable for pre-school children). Community Hub Central</p> <hr/> <p>2pm - 3pm Stories and Rhymes session (suitable for pre-school children). Seaton Carew Library</p> <hr/> <p>2pm - 4pm Prize Quiz Come and test your knowledge before browsing our information stalls. Community Hub Central</p>	<p>9.30am - 11am Coffee Morning Please join us for a cuppa and a cake. Hartlepool Carers</p> <hr/> <p>1.15pm start Ward Jackson Park Walk (meet at café) Join us for a walk around the park. Suitable for all ages, there'll also be a 5 key messages trail and 'Exploring Dementia Through Play' sessions to take part in. Ward Jackson Park</p> <hr/> <p>6pm - 9pm Family Event at Hartfields For more information or to book a place, please call Hartfields reception on 01429 855070. Hartfields Retirement Village</p>	<p>9.30am - 2.30pm Free Treatments Treatments including massages and manicures, available to men and women living with dementia and their carers. Funded by Dementia Friendly Hartlepool. Please book via 01429 283095. Hartlepool Carers</p> <hr/> <p>10.30am - 11.30am Stories and Rhymes Session (suitable for pre-school children). Community Hub Central</p> <hr/> <p>11am - 12pm Busking at Middleton Grange Come along for a sing-along of all the classics Middleton Grange Shopping Centre, positioned outside B&M</p>	<p>10am - 3pm Cake and Information Stall Visit the stall to find out more about dementia. North Tees General Hospital concourse</p> <hr/> <p>10.30am - 11.30am Reminiscence Session Enjoy tea and biscuits and reminisce about the good old days. Free, booking preferred - 01429 272835. Community Hub South (Wynyard Road)</p> <hr/> <p>10.30am - 11.30am Stories and Rhymes Session (suitable for pre-school children). Headland Library</p> <hr/> <p>1pm - 3pm Celebration Dance Live entertainment and afternoon tea. £3 a ticket. Please book via The Bridge on 01429 868587. The Avenue</p>