



LOVE
HARTLEPOOL

THERE'S SO MUCH IN STORE AT
THIS YEAR'S

BIG LIME WEEKEND

FAMILY FUN AND MULTISPORT ACTIVITIES

**FRIDAY 16TH AUGUST -
SUNDAY 18TH AUGUST 2019**

TURN OVER FOR THE FULL SCHEDULE...

ONE TRIATHLON. THREE DAYS. ENDLESS FAMILY FUN!

FRIDAY 16TH AUGUST	Beach activities Cricket Children's fun run on the beach Rookie Lifeguard sessions for little ones	From 4pm	Seaton Promenade beach area
	Registration for Open Water swim predictor swim	6pm	Maritime Avenue
	Open water swim starts	7pm	Maritime Avenue
	BingoBands at Mecca (Over 18s)	8pm	Mecca Bingo
SATURDAY 17TH AUGUST	Big Lime Aquathlon	9am - 10.30am	Maritime Avenue
	Taster Sailing sessions	10am - 3pm	T&H Yacht Club
	Free bingo (Over 18s)	From 12pm	Mecca Bingo
	Family fun - Stand up paddle boarding and sea safaris or beach activities	12pm	Jacksons Dock Seaton Promenade beach area
	Swim at Mill House	12pm - 1pm	Mill House L.C
	Family bike try out	1pm - 4pm	Summerhill C.P
	Pasta party	6pm	T&H Yacht Club
SUNDAY 18TH AUGUST	Big Lime Triathlon	8am start	Maritime Ave, Seaton Promenade
	Post-race shower and change	11.15am-12.30pm	T&H Yacht Club/ Mill House
	Rock and recover - post-race cool down with Caroline	12pm	Church Square
	Post-race party celebration - get your own 'Triple Lime' here	12pm	Chilli Cake Deli/ Hops & Cheese
	Bingo	12pm	Mecca