

Monday

Lynnfield Children's Centre

Little Ones

9:30am – 11:00am
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Tumble Time

1:30pm – 2:30pm
Active play for walkers under 5 years

Rossmere Children's Centre

First Latch

9:15am – 10:15am
Health Visitor led group offering advice and support to breastfeeding mums
Suitable for children birth to 8 months

Latch On

10:00am – 11:30am
Parent led group for breastfeeding mums offering informal support in a relaxed environment
Suitable for breastfed children of any age

Weigh, Stay & Play

1:30pm – 3:00pm

Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)



Tuesday

Central Community Hub Central Library York Road

Healthy Start Drop In with Baby Weigh

10:30am – 12:00pm

Health staff on hand to offer help, feeding support and advice for under 5's

Hindpool Children's Centre

Little Ones

1:00pm – 2:30pm
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

facebook

Like our Facebook page
'Hartlepool Children's Centres'
to receive updates
on services and activities



Important Information

In accordance with the new Data Protection laws, we are required to tell you how and why we will use your data. We have updated our Children's Centre Privacy Notice and this can be viewed either at the Children's Centres or on our website at www.hartlepool.gov.uk/privacy-notice. We would like to continue to send you information, by post, about our exciting events, activities and services. **However, if you do not wish to receive this information anymore, you can withdraw your consent to the processing of your information for this purpose at any time by contacting any Children's Centre.**

Wednesday

Lynnfield Children's Centre

Weigh, Stay & Play

9:30am – 11:00am

Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Rossmere Children's Centre

123 Magic

9:30am – 11:30am (Term time only)
2 week course for parents to encourage positive behaviours
Booking essential, crèche available
Suitable for parents of children 2-12 years

Little Ones

1:00pm – 2:30pm
Make new friends and prepare your child for nursery
Suitable for walkers under 5 years

Monthly Event

Hartlepool Dad's United Rossmere Children's Centre

5:00pm – 7:00pm
Last **Wednesday** of each month
Hartlepool Dad's United are dads and male carers who plan and deliver activities for themselves and their children.

Why not come along on

24th April 2019
29th May 2019
26th June 2019
31st July 2019
28th August 2019

For more information
call 01429 292444

Thursday

Miers Avenue Children's Centre

Weigh, Stay & Play

1:30pm – 3:00pm

Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)

Rossmere Children's Centre

Baby Massage

10:00am – 11:00am
Suitable for babies up to 6 months
Please bring a towel
Booking essential
Maximum 1 course per baby
£16 per child per 4 week course
payable in advance

Messy Play

1:00pm – 2:00pm
Come along and enjoy creative play
Suitable for children over 6 months old

Clothes Swap

Hindpool, Lynnfield and
Rossmere Children's
Centres operate a clothes
swap or buy for 5p rail.



Friday

Rossmere Children's Centre

Weigh, Stay & Play

9:30am – 11:00am

Baby Time

Play opportunity for non walkers
Healthy Start Drop In
Health staff on hand to offer help, feeding support and advice for under 5's
Ante-natal
(By appointment)



Would you like to meet with other parents and learn some great new skills? Why not join one of our exciting new **Being a Parent** courses...delivered by parents like you - for parents like you.

The **Being A Parent** course is run in venues across Hartlepool and takes place over 8 weekly sessions. Its great fun and you can learn more about your child's development, understand their emotions and how to manage any challenging behaviours with a group of parents just like you. It is also a great way to meet new friends and become part of our growing family of parents who have become parent group leaders themselves.

Please call 01429 401898 or text 07775 405892 for more information.

