

SOCIAL DISTANCING ADVICE FOR STAFF



NO HANDSHAKES



KEEP YOUR DISTANCE (2 METRES)



AVOID CROWDS



CLEAN AND DISINFECT FREQUENTLY



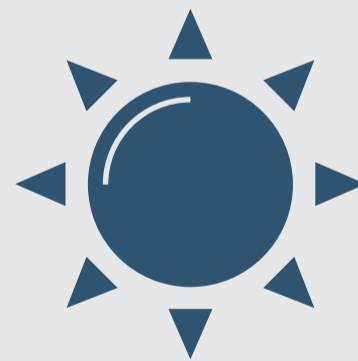
AVOID TOUCHING YOUR FACE



WASH HANDS



**TAKE REGULAR BREAKS
AND EXERCISE**



GET SOME FRESH AIR



**... AND DON'T FORGET TO KEEP IN TOUCH WITH FAMILY,
FRIENDS AND COLLEAGUES TO MAKE SURE WE'RE ALL OK**