

Helpful numbers



Hartlepool Police:

01429 221151



Duty team social workers:

01429 523872

If you have a social worker write their name and phone number here:

Name: _____

Phone number: _____



Hartlepool Borough Council made this booklet with help from **Voice for You** and members of the **Roaring Mouse Drama Group**, a non-profit organisation which provides drama activities, workshops and skills development for people affected by learning disabilities.

www.hartlepool.gov.uk



About bullying

Hartlepool Borough Council
Child and Adult Services



Tell your social worker

What is bullying?



Tell family or a friend



Being shouted at



Being called names



People saying mean things



Tell the police



Go to a safe place



Getting hit or punched



Getting beaten up or attacked



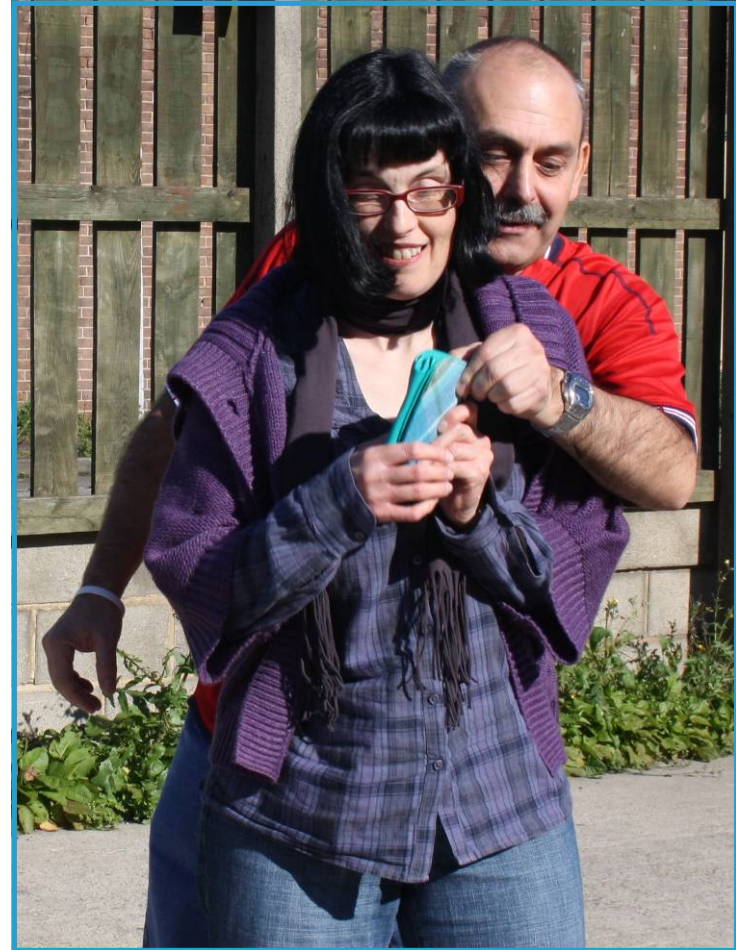
Get away from the bullies



Ignore the bullies



What can
you do?



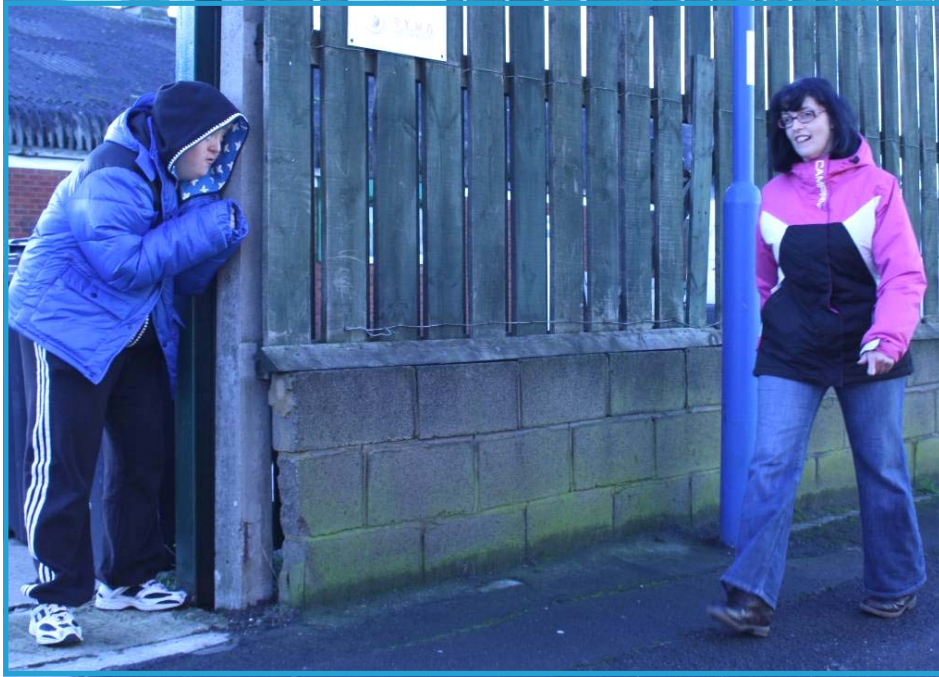
People taking your things



Friends



Strangers



Getting bossed about



Who are bullies?

