

Holiday Activity - April 6th - 9th

Each colour is a different time of day
Freeview channel 7

| | TUESDAY 6th | WEDNESDAY 7th | THURSDAY 8th | FRIDAY 9th |
|---------------------------------|-------------------------------------------|-------------------------------------------|---------------------------------------------|-------------------------------------------------------|
| Name | The Get up and Go Show | | | |
| 7-8AM 4-8 years old content | Dance Courtney | HIIT Fitness Gavin and Katie | Ball skills AnneMarie from Hat trick | Teesaurus Park with Redcar Dino Neil and Beau |
| | Easter Arts and Crafts Cheryl and Dawn | Baking and Cookery Kristen and Katie | Gardening Juliet | Storytime Joanne, Pam, Donna |
| | Lanuages - spanish Rosie | Donkey Day Marie | Lanuages - French Rosie | Circus Skills - juggling Wilf and Freya |
| | Baking Cupcakes Vaughan | Storytime Alex - Unfolding Theatre | Story Explorers Sarah and Ashleigh | Interactive emotions activity Jo - repeat for kids |
| Name | The L.C - The Lunchtime Club | | | |
| 13.00 - 13.30 9-12 years old | Circus Skills Wilf and Freya | Bushcraft Kids Kabin | Ball skills Jordan and Lewis, Hat trick | Music Lesson How to play... |
| | Cooking a Jacket Potato Anthony - MFC | Archaeological Dig - test pit Rosie | Archaeology - sorting finds Rosie | Arts and Crafts Jack and Angela |
| Name | Holiday Hub | | | |
| 19.00-20.00 13-18 years old | Dance Fitness Kari | Boxing Fitness Jamie - sporting chance | HIIT Fitness Gavin and Katie | Ball skills/social media Michelle, Hat trick |
| | Local History Rosie | Mindfulness Joe | Cookery - Turkey Burger Lena and Andrew | Yoga Rosie from Shanti Bee |
| | Music Live Music recording Lake Poets | Cookery Competition Stacey from Bostey | Yoga/relaxation Rosie from Shanti Bee | Crafts/recycling Michelle |
| | Mindfulness/Relaxation Claire | Cookery - Pizza Lena and Andrew | Circus Skills - handstand Wilf and Freya | Mindfulness/Relaxation Claire |