



Adult Social Care

LEARNING DISABILITY PLAN ON A PAGE 2020-2025



**HARTLEPOOL
BOROUGH COUNCIL**

Review Date: October 2025

Context and Purpose

Learning Disability

A learning disability affects the way a person learns new things throughout their lifetime. A learning disability affects the way a person understands information and how they communicate.

This means they can have difficulty:

- understanding new or complex information
- learning new skills
- coping independently

How many people have a Learning Disability?

Around 1.5 million people in the UK have a learning disability. It's thought up to 350,000 people have a severe learning disability

Hartlepool

Learning Disability - Baseline estimates

People aged 18-64 predicted to have a learning disability, by age

	2019	2020	2021	2022	2023
People aged 18-24 predicted to have a learning disability	197	192	186	181	181
People aged 25-34 predicted to have a learning disability	299	301	301	296	291
People aged 35-44 predicted to have a learning disability	254	259	264	271	279
People aged 45-54 predicted to have a learning disability	298	287	278	266	257
People aged 55-64 predicted to have a learning disability	286	296	300	302	304
Total population aged 18-64 predicted to have a learning disability	1,334	1,334	1,329	1,317	1,312

Key National Priorities

Support for people with a Learning Disability

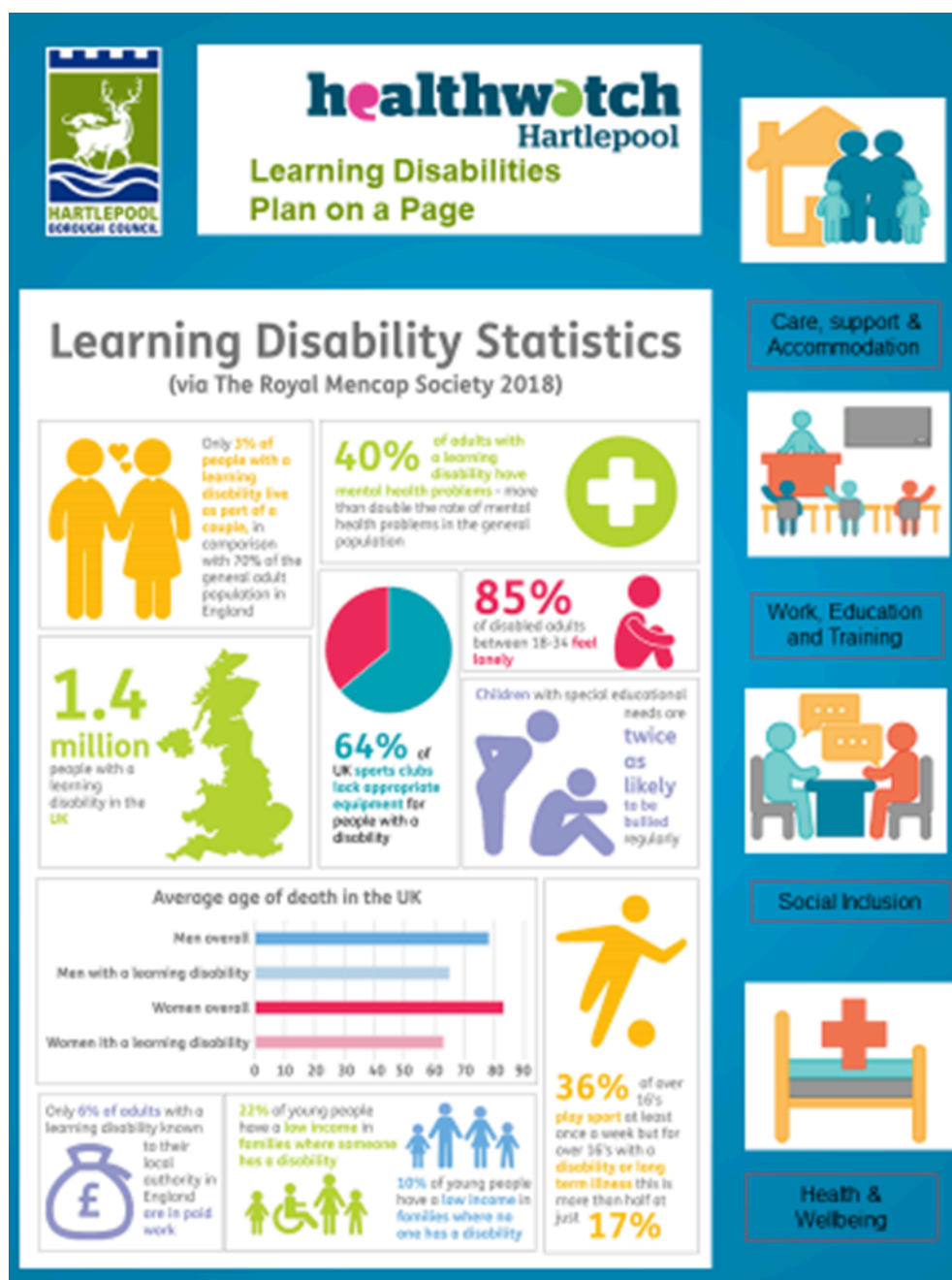
Valuing People was the first policy that signalled a new approach to the delivery of care, and a new relationship between the state and the citizen. It provided a vision for the lives of people with learning disabilities and their families based on the four principles of rights, independence, choice and inclusion. This was taken further in the cross-Government concordat, Putting People First (2007) which set out plans for 'collaboration between central and local government, professional leadership, providers and the regulator in developing a future for social care services that supports people to live independently, stay healthy and have the best possible quality of life, irrespective of illness and disability'. Valuing People Now (2009) was introduced and a three-year strategy to take forward the implementation of the policy set out in Valuing People in this wider developing social policy context

The Government and NHS England have been working to reduce health inequalities for people with a learning disability and have established national programmes to improve treatment and outcomes. The Government's Mandate to the NHS 2018-19 set an objective for the NHS to close the health gap between people with mental health problems, learning disabilities and autism and the population as a whole.

Most recently, the NHS Long Term Plan (published in January 2019) recognised learning disabilities and autism as clinical priority areas.

The Government has also committed to introducing mandatory training on learning disabilities and autism for health and social care staff. Trials will begin in health and social care settings with a report expected by March 2021, potential this may be delayed due to COVID-19, after which wider roll-out of training is expected for all staff.

Learning Disability - plan on a page



Hartlepool Learning Disability Action Plan 2020-2025



Health & Wellbeing

- Increase the uptake of Health Action plans, annual health checks and screening.
- Improve the uptake of flu immunisation.
- Create opportunities to tackle, obesity, diabetes and respiratory problems.



Care Support & Accommodation

- Continue to support the reduction and reliance on hospital accommodation.
- Review people placed in out of area provision and create local alternatives for those that wish to return to the area.
- Review our digital offer to complement those with care & support needs.



Social Inclusion

- I want to be able to participate in sport and leisure.
- I want to feel less socially isolated and be able to keep in touch with my friends.
- I would like to actively contribute to events in my local community.



Work, Education & Training

- I need more information before I leave School so I can make a decision about my future work options.
- I want to be able to improve my knowledge about my chosen work option.
- I want help getting voluntary and or paid work.

People with a learning disability and level of loneliness



Contact Information

For further information about MAPPA, please contact Neil Harrison.



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Hartlepool Borough Council,
Civic Centre, Victoria Road, Hartlepool, TS24 8AY

HOW TO CONTACT THE SUPPORT HUB

If you, or someone you care for - or a relative or friend - is finding life a bit difficult at the moment and would like to talk about it, contact our Support Hub - [our gateway to information, advice, support and care](#).

 Visit the Support Hub at **Community Hub Central**, York Road, TS26 9DE between 10am - 4pm Monday to Friday

 Call **01429 272905** between 8.30am - 5pm Monday - Thursday.
8.30am - 4.30pm on a Friday.

 Email helping@hartlepool.gov.uk

We will connect you to the things that will help you get on with your life.

If you are **worried about someone being abused or neglected**, or if you need **information or support with hospital discharge** please contact:

The Integrated Single Point of Access (iSPA)

You can contact the iSPA Monday - Thursday 8.30am - 5pm, Friday 8.30am - 4.30pm

 **01429 803100**

 ispa@hartlepool.gov.uk

 **07977709900 (Relay UK)**

How to get help if we are closed

If you need urgent help when our offices are closed, you can contact the **Emergency Duty Team** on **01642 524522**