

# Learning Disability Plan on a Page 2020-2025



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## Context and purpose

### Learning Disability

A learning disability affects the way a person learns new things throughout their lifetime. A learning disability affects the way a person understands information and how they communicate.

This means they can have difficulty:

- understanding new or complex information
- learning new skills
- coping independently

### How many people have a Learning Disability?

Around 1.5 million people in the UK have a learning disability. It's thought up to 350,000 people have a severe learning disability

### Hartlepool

#### Learning Disability - Baseline estimates

People aged 18-64 predicted to have a learning disability, by age

	2019	2020	2021	2022	2023
People aged 18-24 predicted to have a learning disability	197	192	186	181	181
People aged 25-34 predicted to have a learning disability	299	301	301	296	291
People aged 35-44 predicted to have a learning disability	254	259	264	271	279
People aged 45-54 predicted to have a learning disability	298	287	278	266	257
People aged 55-64 predicted to have a learning disability	286	296	300	302	304
<b>Total population aged 18-64 predicted to have a learning disability</b>	<b>1,334</b>	<b>1,334</b>	<b>1,329</b>	<b>1,317</b>	<b>1,312</b>

## Key National Priorities

### Support for people with a Learning Disability


Valuing People was the first policy that signalled a new approach to the delivery of care, and a new relationship between the state and the citizen. It provided a vision for the lives of people with learning disabilities and their families based on the four principles of rights, independence, choice and inclusion. This was taken further in the cross-Government concordat, Putting People First (2007) which set out plans for ‘collaboration between central and local government, professional leadership, providers and the regulator in developing a future for social care services that supports people to live independently, stay healthy and have the best possible quality of life, irrespective of illness and disability’. Valuing People Now (2009) was introduced and a three-year strategy to take forward the implementation of the policy set out in Valuing People in this wider developing social policy context


The Government and NHS England have been working to reduce health inequalities for people with a learning disability and have established national programmes to improve treatment and outcomes. The Government’s Mandate to the NHS 2018-19 set an objective for the NHS to close the health gap between people with mental health problems, learning disabilities and autism and the population as a whole.

Most recently, the NHS Long Term Plan (published in January 2019) recognised learning disabilities and autism as clinical priority areas.


The Government has also committed to introducing mandatory training on learning disabilities and autism for health and social care staff. Trials will begin in health and social care settings with a report expected by March 2021, potential this may be delayed due to COVID-19, after which wider roll-out of training is expected for all staff.

# Learning Disability – plan on a page






**Learning Disabilities  
Plan on a Page**




## Learning Disability Statistics


(via The Royal Mencap Society 2018)




Only 3% of people with a learning disability live as part of a couple, in comparison with 70% of the general adult population in England




40% of adults with a learning disability have mental health problems - more than double the rate of mental health problems in the general population



1.4 million people with a learning disability in the UK



64% of UK sports clubs lack appropriate equipment for people with a disability




85% of disabled adults between 18-34 feel lonely




Children with special educational needs are twice as likely to be bullied regularly

Average age of death in the UK


Men overall	~78
Men with a learning disability	~65
Women overall	~82
Women with a learning disability	~68




36% of over 16's play sport at least once a week, but for over 36's with a disability or long term illness this is more than half at just 17%




Care, support & Accommodation



Work, Education and Training



Social Inclusion



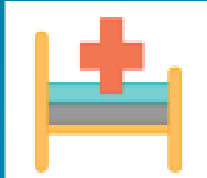
Health & Wellbeing

Only 6% of adults with a learning disability known to free local authority in England are in paid work

22% of young people have a low income in families where someone has a disability

10% of young people have a low income in families where no one has a disability

## Hartlepool Learning Disability Action Plan 2020-2025



### Health & Wellbeing

- Increase the uptake of Health Action plans, annual health checks and screening.
- Improve the uptake of flu immunisation.
- Create opportunities to tackle, obesity, diabetes and respiratory problems.



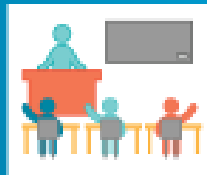
### Care Support & Accommodation

- Continue to support the reduction and reliance on hospital accommodation.
- Review people placed in out of area provision and create local alternatives for those that wish to return to the area.
- Review our digital offer to complement those with care & support needs.



### Social Inclusion

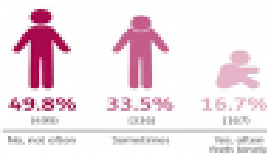
- I want to be able to participate in sport and leisure.
- I want to feel less socially isolated and be able to keep in touch with my friends.
- I would like to actively contribute to events in my local community.



### Work, Education & Training

- I need more information before I leave School so I can make a decision about my future work options.
- I want to be able to improve my knowledge about my chosen work option.
- I want help getting voluntary and or paid work.

People with a learning disability and level of loneliness



# Hartlepool Learning Disability Local Action Plan (EXAMPLE)

## Hartlepool Local Action Plan 2020-25

PLANNING	Specific to group	Key Agency	Lead	RAG	comments
Completion of Joint Learning Disability SAF	All Age	HBC /CCG	LA / NECS		Completed and returned to Public Health England
EMPLOYMENT	Specific to group	Key Agency	Lead	RAG	
Continue to invest in voluntary and paid employment	All Age	HBC	LA		Support the development of WAG and increase the voluntary and paid work options on site.
HEALTH & WELLBEING	Specific to group	Key Agency	Lead	RAG	
Ensure people with a learning disability are considered within the enhanced Health in Care homes plan.	All Age	CCG	NECS		Primary Care Networks leading on the work to improve health outcomes for People with a Learning Disability

CARE AND SUPPORT	Specific to group	Key Agency	Lead	RAG	
Improve access to digital solutions to assist care and support	All Age	All LA's	LA		Pilot digital options to improve independence and reduce anxiety amongst people with a learning disability.
ACCOMMODATION	Specific to group	Key Agency	Lead	RAG	
Improve the options available to support people to live independently	All Age	All	LA		The needs of people with a Learning Disability will be reflected within the Councils Housing plan.
DAY OPPORTUNITIES	Specific to group	Key Agency	Lead	RAG	
Continue to restructure our day opportunities to meet future needs and demand.	All Age	All	LA		Work alongside students of Catcote academy and Hartlepool carers to seek the views and aspirations of people with a learning disability to develop community opportunities for young adults.
PARTICIPATION	Specific to group	Key Agency	Lead	RAG	
Develop closer links with community projects to include people with a learning disability	All Age	All	LA		Continue to develop links with local community groups and voluntary sector projects to ensure people with a learning disability are actively included.

## For further information

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