Children

And

**Joint** 

Commissioning

**Q**uality

**Standard** 

Framework



**Organisation** 

**Marton Care Homes Ltd** 

Home

**West View Lodge** 

**Responsible Person** 

**Wendy Collins** 

**Date of Report** 

21 February 2024

**Contracts and Quality Officer** 

**Heidi Lawson** 

#### **Overview of Home**

West View Lodge is a residential care home registered for 54 beds providing general residential and dementia residential care. There are 2 rooms on the Transitional Unit which have ensuite toilet and wash basins and another 2 rooms downstairs with these facilities. Upstairs there are 4 rooms with ensuite toilets and wash basin facilities. All other rooms have wash basin facilities only.

The home has made improvements in Assessment and Review, DoLS and Infection Control since the last assessment. Care Plans are mostly person centred although there is some work to improve documentation still to achieve. DoLS are monitored and applied for in a timely manner and care plans contain the most up to date conditions. Hand Hygiene records are now in place and cleaning records are completed.

It has been observed that there are differences in Quality across the different units in the home and as a result the home has decreased in points in Quality Assurance and Leadership & Management. The home has also decreased in points in Medication with differences in medication management across the units being observed. Improvements to trend analysis and investigations leading from this also need to be improved. There are plans to improve in these areas with the introduction of Unit Managers across the units to implement a consistent approach to quality assurance but these improvements need to be implemented and monitored to ensure that they are sustained.

## **Summary of Outcomes**

The home has improved in some domain areas but has actions for improvement in others. As a result the score for the assessment is 866 which is a decrease from the previous score but the home does remain as a Grade 1.

# **Summary of Outcomes**

## Name of Home-West View Lodge

## Date of Report - 21.02.24

## **Person Centred Care**

- 1 Assessment & Review
- 2 MCA & Consent
- 3 DoLS
- 4 Nutrition & Hydration
- 5 Promoting Dignity, Autonomy & Choice

## **Safe Care and Treatment**

- 6 Safeguarding/Understanding Safeguarding
- 7 Medication
- 8 Infection Control
- 9 Premises & Equipment
- 10 Health & Safety
- 11 Moving & Handling

## **Governance**

- 12 Leadership & Management
- 13 Staffing, Recruitment, Support & Learning
- 14 Quality Assurance
- 15 Complaints

### **Determination**

Fully	/ Met
Fully	/ Met

Fully Met		
Substantially Met		
Fully Met		
Fully Met		
Fully Met		

Substantially Met
Fully Met
Substantially Met
Fully Met

## **Person Centred Care**

#### 1 - Assessment & Review

## **Determination - Fully Met**

All people receiving the service have a written care plan that is monitored, periodically evaluated and reviews are recorded to ensure the information is up to date and accurate.

People's physical, mental health and social needs holistically are assessed, and their care, treatment and support is delivered in line with relevant legislation and guidance, to achieve effective outcomes.

People's care records are mostly accurate, complete, legible, up-to-date, securely stored and available to relevant staff so that they support people to stay safe. The home must ensure that all observation recordings are completed accurately and in a timely manner.

The service ensures that people are provided with the information and understanding about their healthcare and treatment options.

People are involved in regularly monitoring their health.

People can access care, support and treatment in a timely way and referrals are made quickly to appropriate health services when people's needs change.

People contribute to planning their care and support, with their strengths, levels of independence and quality of life are taken into account.

People's care plans reflects their physical, mental, emotional and social needs and incorporate their personal history, individual preferences, interests and aspirations. Care plans are understood by staff so people have as much choice and control as possible.

People's oral health needs are met but all residents need to have an oral assessment to enable needs to be kept under review. Professional guidance is sought in a timely manner when required.

The service shares appropriate information and assessments with other relevant agencies for the benefit of people who use the service.

People's preferences and choices for their end of life care are recorded, reviewed and communicated and acted on where possible. Family, friends and other representatives are involved in planning, managing and making decisions about their end of life care including advanced decisions made in line with the Mental Capacity Act 2005.

The service ensures that it quickly identifies people in the last days of life whose condition may be unpredictable and change rapidly and, where required ensures that people have rapid access to support, equipment and medicines including from specialist palliative care professionals.

The service supports people's families, other people using the service and staff when someone dies.

#### The Home has demonstrated achievement of this outcome.

However, improvements to oral assessments and observations records need to be improved and sustained.

#### 2 - MCA & Consent

### **Determination - Fully Met**

Staff recognise when people need and want support from their carers, advocates or representatives to help them understand and be involved in their care, treatment and support and staff help people to get this support.

The service provides information to people, their families and other carers about external bodies, community organisations and advocacy services that can provide independent support and advice about their care, treatment and support.

Staff understand the relevant consent and decision-making requirements of legislation and guidance, including the Mental Capacity Act 2005 and other relevant national guidance.

People are supported and are given the information and explanations they need to make their own decisions in line with relevant legislation and guidance.

Decisions around a persons possible lack of mental capacity are assessed and recorded.

When people lack the mental capacity to make a decision, staff ensure that best interest decisions are made in accordance with legislation.

The process for seeking consent is monitored and reviewed to ensure it meets legal requirements and follows relevant national guidance.

There are arrangements for people to be involved in decisions about managing risks appropriately including positive risk taking.

Risk management policies and procedures are in place to minimise restrictions on people's freedom, choice and control, in particular for people who lack mental capacity.

Staff are trained to understand, prevent and manage people's behaviour that challenges whilst ensuring the individual is supported appropriately.

The service identifies and meets the information and communication needs of people with a disability or sensory loss. Information is recorded, highlighted and shared with others when required with the consent of the person.

## 3 - DoLS

## **Determination - Fully Met**

The service promotes supportive practice that avoids the need for physical restraint, however where physical restraint is necessary, the service ensures that it is used in a safe, proportionate, and monitored way as part of a person-centred support plan.

Staff recognise when people who lack mental capacity, are being deprived of their liberty and they seek authorisation to do so when considered necessary and proportionate.

All staff are trained to understand the difference between lawful and unlawful restraint practices. Action is taken to minimise the use of restraint.

There is a system of monitoring to ensure the person's representative maintains regular contact with the person and acts when contact is not maintained.

The service has a system to monitor DoLS authorisations and their review dates and this is maintained. Care plans contain the most up to date Conditions attached to deprivation of liberty safeguards (DoLS) authorisations.

Management has oversight on the process to ensure where a restriction may actually amount to a deprivation of liberty.

#### The Home has demonstrated achievement of this outcome.

The home has improved in this domain and can now evidence that care plans contain up to date conditions and improvements to the system of monitoring DOLS authorisations have been sustained.

#### 4 - Nutrition & Hydration

#### **Determination - Fully Met**

People are involved in decisions about what they eat and drink and their cultural and religious preferences are recorded, reviewed and acted upon.

People have access to dietary and nutritional specialists to help meet their assessed needs if required.

People receive prompts and encouragement to eat when needed and people enjoy mealtimes and do not feel rushed.

Risks to people with complex needs or lack capacity are identified and managed in relation to their eating and drinking.

All relevant staff have completed food hygiene training and the correct procedures are in place and followed wherever food is prepared and stored.

People have accurate nutrition and hydration assessments for eating and drinking which are carried out by knowledgeable staff.

Where people require support with eating, such as encouragement and prompting, this is done in a compassionate way that maximises people's independence and maintains their dignity.

The service is aware of specialist diets, allergies, choking risks and lifestyle choices, and these are recorded, kept up to date and shared as appropriate.

People have access to specialist equipment in a timely manner to meet their assessed need.

Drinks are offered throughout the day and when required people's intake is monitored to ensure their assessed needs are being met. Snacks are offered outside of mealtimes and are available any time of day upon request.

People can choose the location of where they eat including the dining room, their own room or communal areas and are supported to do so.

People are offered a choice of food and drink and this is served at an appropriate temperature.

Residents can choose to eat in their bedroom or communal area and they are checked on regularly.

The Home has demonstrated achievement of this outcome.

## 5 - Promoting Dignity, Autonomy & Choice

#### **Determination - Fully Met**

Staff show concern for people's wellbeing in a caring and meaningful way and respond to their needs in a timely manner on a day to day basis.

The service makes sure that people, and those close to them, feel like they matter, and that staff listen to them and talk to them appropriately and in a way they can understand.

People are actively involved in developing the service including: deciding how they choose to spend their day, planning activities and outings, decisions around personal care and how and when help is provided, devising menus and the timing and place of meals, and people are consulted when alterations to their living space is planned.

Staff seek accessible ways to communicate with people (when their protected and other characteristics under the Equality Act make this necessary) to reduce or remove barriers.

Staff know the people they are caring for and supporting, including their preferences, personal histories and backgrounds.

Staff make sure that people's privacy and dignity needs are understood and respected including during personal care.

People receive support to be independent. Their wishes are recorded, reviewed and acted upon wherever possible.

People's relatives and friends are made to feel welcome and are able to visit without being unnecessarily restricted. There are arrangements to encourage relatives and friends to provide feedback on the service.

Processes are in place to ensure there is no discrimination when making care and support decisions.

People are supported to follow their interests and take part in activities that are appropriate to them including in the wider community.

The service ensures that people are encouraged and supported to develop and maintain relationships with people that matter to them, both within the service and the wider community to avoid social isolation.

The service has a nominated Dementia champion(s) who oversee standards in the service.

The Home has demonstrated achievement of this outcome.

## Safe Care & Treatment

## 6 - Safeguarding/Understanding Safeguarding

## **Determination - Fully Met**

Safeguarding systems, processes and practices are in place, staff are aware and any updates are communicated to staff.

Systems, processes and practices protect people from abuse, neglect, harassment and breaches of their dignity and respect.

Staff can recognise signs of potential abuse and know what to do when abuse is suspected.

Processes are in place to ensure people are protected from discrimination, harassment and abuse, in line with the Equality Act.

People are supported to understand what safeguarding means, and they are encouraged to raise any concerns.

If people are subject to a safeguarding investigation, they are supported during this process.

Staff understand their responsibilities to raise concerns, to record safety incidents, concerns and near misses, and to report them internally and externally, where appropriate.

There are processes for reviewing and investigating safeguarding incidents when incidents occur. All relevant staff, services, partner organisations and people who use services are involved in reviews and investigations.

Safeguarding investigations, reviews and audits ensure lessons can be learned to improve how care, treatment and support is delivered.

The Home has demonstrated achievement of this outcome.

#### 7 - Medication

## **Determination - Substantially Met**

The medication outcome has been assessed by the Medicines Optimisation Service. Further information can be found in the Assessment Report dated 10.01.24 appended to this report.

The home must ensure that monthly medication incident logs are submitted in a timely manner.

#### The Home has not demonstrated achievement of this outcome.

The home must work to the action plan set by the Medicines Optimisation team as the follow up audit showed the home had not completed the actions set previously. Any improvements made need to be sustained going forward.

There has been examples of poor documentation and record keeping and inconsistencies in standards of completion across the different units at the home.

The level of impact has been assessed as low – there is no or minimal impact on residents.

The likelihood that the impact will happen or recur has been assessed as possible – the impact may happen/recur but it is not a persistent issue.

## 8 - Cleanliness and infection control

## **Determination - Fully Met**

There are arrangements for making sure that premises are kept clean and hygienic so that people are protected from infections that could affect both staff and people using services. This includes:- Up to date Policy and procedure, Staff Training, including with the IPC Nurses, Necessary resources, Risk Assessments, Cleaning Records/Schedules and Quality Audits.

Staff understand their roles and responsibilities in relation to infection control and hygiene and providers support with this.

Policies and procedures are maintained and followed in line with current relevant national guidance.

The service ensures that it alerts the right external agencies (e.g. HBC, visitors and professionals) to concerns around infections that affect people's health and wellbeing.

The Service completes regular Hand Hygiene documentation and has a designated IPC Champion who has attended the IPC Study Day. The Service has up to date IPC workbook/training.

The Service provides and maintains a clean and appropriate environment in managed premises that facilitates the prevention and control of infections.

The Service engages with and updates the Infection Control Nurses when required.

The Home has demonstrated achievement of this outcome.

Improvements to Essential Steps and cleaning recording have been made.

## 9 - Premises & Equipment

## **Determination - Fully Met**

Technology is used to support people to receive timely care and support and is easy to use.

Equipment, which is owned or used by the provider, is managed to support people to stay safe.

The premises and safety of communal and personal spaces (such as bedrooms) and the living environment are checked and managed to support people to stay safe.

Learning from lessons is shared and themes are identified to make sure that action is taken to improve safety across relevant parts of the service. Staff learn from reviews and investigations by other services and organisations.

The service has arrangements to respond to relevant external safety alerts, recalls, inquiries, investigations and reviews. Information is shared to staff when appropriate.

People are involved in decisions about the environment. Any changes to the environment are managed to avoid causing distress to people who live there.

People have access to appropriate spaces: in gardens and other outdoor spaces, to see and look after their visitors, for meaningful activities, to spend time together and to be alone.

The signage, decoration and other adaptations to the premises help to meet people's needs and promote their independence. The premises meet people's diverse care, cultural and support needs.

Staff with responsibility for maintaining equipment are appropriately trained to ensure it is fit for purpose.

There are plans for responding to emergencies or untoward events, and these are understood by all staff.

## 10 - Health & Safety

It has not been possible to complete the Health & Safety Assessments and verification in the usual way for inclusion in the QSF. **The Home has therefore been awarded a notional 30 points which is the maximum points available for health & safety.** The Council will continue to progress the assessments outside of the QSF reporting process.

### 11 - Moving & Handling

## **Determination - Fully Met**

There is an up to date Moving and Handling Policy in place.

People who use the service are assessed in relation to their mobility needs and referrals are made to specialist agencies in a timely manner. Services using specialist equipment include an OT assessment.

The service ensures that risk assessments are robust and appropriate.

There is professional instruction/task guidance detailed in people's support plans, which is in date and followed by staff.

People are encouraged to assist, where safe to do so, in their own transfers.

When support is being given to move people, reassurance is given in a compassionate manner by staff.

The service has procedures in place to ensure that staff have skills, competencies, qualifications, experience and knowledge, to meet people's individual needs. The Service can evidence that:(a) Staff have had Moving and Handling Training within the last 12 months.(b) Moving and handling training is provided by a competent trainer.(c) Trained staff monitor staff techniques on a periodic basis.

Equipment is checked, maintained and serviced to ensure it is safe for staff and people to use.

Moving and handling equipment is used in accordance with manufacturers guidance.

There been no near misses or accidents whilst hoisting in the last 12 months.

## **Governance**

### 12 - Leadership & Management

## **Determination - Substantially Met**

There is a Registered Manager in post.

There are arrangements including within the rotas, for making sure that staffing levels are sufficient, staff have the right mix of skills, competencies, qualifications, experience and knowledge, to meet people's individual needs and personal preferences are accounted for where possible. However, it has been noted that there are some inconsistencies in performance and quality across the different units within the home.

Managers are aware of the day-to-day culture in the service including the attitudes, values and behaviour of staff. The Leadership Team would benefit from more robust quality assurance systems to ensure that day-to-day culture regarding medication, assessment, documentation and staffing is consistent across all units.

The service promotes and supports fairness, transparency and an open culture for staff.

The manager makes sure that staff are supported, respected and valued. Their rights and wellbeing are protected and they are motivated, and caring.

The service shows honesty and transparency from all levels of staff and leadership following an incident. This is shared with people using the service and their families in line with the duty of candour. The service ensures people are supported when incidents occur.

Some staff seem to lack the necessary skills, knowledge and experience they need to lead and inspire staff effectively. There needs to be a uniformity of standards across all of the units so that all staff are working to the same standard and to the same processes/quality assurance measures.

The service has a clear vision and set of values but leaders must make sure that these are promoted and understood by all staff and embedded into practice.

The organisation promotes equality and inclusion within its workforce and all staff have up to date equality and diversity training.

The Registered Manager understands their responsibilities and they are supported by the Regional Manager and the Provider to deliver what is required. There does however, need to be improvements around a more timely response to action plans and requests for actions to be taken. Some improvements to quality assurance oversight also need to be improved.

All relevant legal requirements are understood and met, including CQC registration requirements, safety and public health related obligations, and the submission of notifications.

Staff are actively involved in developing the service.

There are links with the local community which have a positive impact on the service.

The service works in partnership with key organisations, including the local authority, safeguarding teams and clinical commissioning groups and multidisciplinary teams, to support care provision, service development and joined-up care and does so in an open, honest and transparent way.

The service has clear disciplinary procedures which are followed when it identifies that staff are responsible for unsafe practice.

#### The Home has not demonstrated achievement of this outcome.

Some staff do not always know what a high quality of service looks like so consistent levels of quality are not always assured.

The level of impact has been assessed as low – there is no or minimal impact on residents.

The likelihood that the impact will happen or recur has been assessed as possible – the impact may happen/recur but it is not a persistent issue.

### 13 - Staffing, Recruitment, Support & Learning

## **Determination - Fully Met**

All staff have received appropriate induction upon commencement of employment.

Staff receive effective training in safety systems, processes and practices and this is reviewed regularly.

Staff receive feedback from managers in a constructive and motivating way, which enables them to know what action they need to take.

The service makes sure that responsibility and accountability is understood at all levels with clear and transparent processes in place for staff to account for their decisions, actions, behaviours and performance.

Staff are supported and protected when raising concerns and questioning practice including whistle-blowers.

Safety is promoted in recruitment practices, arrangements to support staff, training arrangements, disciplinary procedures and observations.

Staff respond in a compassionate, timely and appropriate way when people experience physical pain, discomfort or emotional distress.

People have their assessed needs, preferences and choices met by staff with the right qualifications, skills, knowledge and experience.

Staff are supported to keep their professional practice and knowledge updated in line with best practice.

Most Staff know and understand what is expected of them and this is reinforced with regular support, supervision, appraisal and training. Better trend analysis would allow for targeted support and supervision when standards fall below what is expected.

Staff teams work collaboratively, share responsibility and resolve conflict quickly and constructively. There are cooperative, supportive and appreciative relationships among staff.

There are effective systems of communication to ensure information is shared timely and appropriately so staff can carry out their roles and responsibilities effectively.

The service gives staff the time, training and support they need to provide care and support in a compassionate and personal way. Staff have time to listen to people, answer their questions, provide information and involve people in decisions

Staff work together to ensure that people receive consistent, timely, coordinated, person-centred care.

The Home has demonstrated achievement of this outcome.

## 14 - Quality Assurance

## **Determination - Substantially Met**

The service maintains a log of whistleblowing, staff concerns, safeguarding and accidents or incidents and investigates each incident. However, some investigations and quality assurance systems need to be more robust in identifying trends and specific areas of concern. Better use of action plans could be used to aid this.

When incidents occur they are investigated but there could be better analysis to look for common themes and trends to ensure lessons are learned. Action is usually taken to drive improvement.

The service must ensure that its approach to quality is integral and robust and all staff are aware of potential risks that may compromise quality.

The service enables and encourage accessible open communication with all people who use the service including their family, friends, staff and representatives.

People's views and experiences are gathered and acted on to shape and improve the services and culture.

Resources and support is available to develop staff and teams and drive improvement, examples of these were provided by the manager.

Quality assurance systems are in place but need to be more robust to enable the service to evaluate and learn from current performance ensuring continuous improvement.

Success and innovation is recognised, encouraged and implemented

The service ensures that the delivery of care, treatment and support is in line with current local and national guidance.

The provider is accredited as standards are met or approaching standards in the DPST Toolkit.

#### The Home has not demonstrated achievement of this outcome.

There are quality assurance systems in place but they need to be more robust to identify trends and specific areas for improvement and ensure consistent quality levels across the home.

The service monitors the quality of the service but does not always further act on findings.

The level of impact has been assessed as low – there is no or minimal impact on residents.

The likelihood that the impact will happen or recur has been assessed as possible – the impact may happen/recur but it is not a persistent issue.

## 15 - Complaints

## **Determination - Fully Met**

People who use the service are provided with information on how to make a complaint or raise concerns and this is regularly promoted.

The complaints process is accessible, is easy for people to raise a concern or complaint and is encouraged.

There is a formal log of complaints which is kept up to date. Complaints are handled effectively with openness, transparency and confidentiality. The complainant receives regular updates, a timely response and an explanation of the outcome including the appeals process.

People who raise concerns or complaints are protected from discrimination, harassment or disadvantage and are supported throughout the process.

Concerns and complaints are used as an opportunity to learn and promote continuous improvement and examples of this were evidenced.

		Total Points	Outcome of	No. of points
			assessment	achieved
Date	Home			
14.02.24	West View Lodge			
Danaan Cantuad Cana		070		070.0
Person Centred Care		270		270.0
	1 - Assessment & Review	70	Fully Met	70.0
	2 - MCA & Consent	70	Fully Met	70.0
	3 - DolS	30	Fully Met	30.0
	4 - Nutrition & hydration	70	Fully Met	70.0
	5 - Promoting Dignity, Autonomy & Choice	30	Fully Met	30.0
Safe Care and Treatment		260		232.0
date date and freatment		200		202.0
	6 - Safeguarding/Understanding Safeguarding	70	Fully Met	70.0
	7 - Medication	70	Substantially Met	42.0
	8 - Infection Control	30	Fully Met	30.0
	9 - Premises & Equipment	30	Fully Met	30.0
	10 - Health & Safety	30		30.0
	11 - Moving & Handling	30	Fully Met	30.0
Governance		220		164.0
	12 - Leadership & Management	70	Substantially Met	42.0
	13 - Staffing, Recruitment, Support & Learning	70	Fully Met	70.0
	14 - Quality Assurance	70	Substantially Met	42.0
	15 - Complaints	10	Fully Met	10.0
Environmental Standards		250		200.0
Total of Overall Outcomes				
Total of Overall Outcomes				
	Fully Met	11	78.6%	
	Substantially Met	3	21.4%	
	Partly Met	0	0.0%	
	Not Met	0	0.0%	
	**To be recorded	0	0.0%	
	Total	14	T T	
Total Points	Person Centred Care			
		270.0		270.0
	Safe Care and Treatment	260.0		232.0
	Governance	220.0		164.0
	Environmental Standards	250.0		200.0
		1000		866
	Banding :	Grade 1		
		3.23		