



**Your baby's**  
**5 steps**  
**to protection**

Your easy guide to keeping them safe.

## About this leaflet

- As a parent, you have the power to make sure that your child has all their free childhood vaccines.
- This can help your child live safe from dangerous but completely avoidable diseases.
- This leaflet lists all the vaccines your child will need to be safe for life.
- Over the first 3-and-a-half years of their life, your child will be invited to five different vaccine appointments.
- They may also be offered two extra vaccines to protect them from the flu.

If your child misses any of the vaccines offered to them, **they may not be fully protected** against life-threatening but completely avoidable diseases.





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## 8 weeks

**1st dose:** 6-in-1 vaccine, rotavirus vaccine, meningitis B vaccine

> **Starting** their protection against diseases that can cause:

- Breathing difficulties
- Movement difficulties
- Dehydration
- Blood poisoning
- Brain damage



Tick if protected

2

## 12 weeks

**1st dose:** pneumococcal vaccine

**2nd dose:** 6-in-1 vaccine, rotavirus vaccine

> **Starting** their protection against a disease that can cause:

- Lung damage

>> **Increasing** their protection against diseases that can cause:

- Breathing difficulties
- Movement difficulties
- Dehydration
- Blood poisoning



Tick if protected

3

## 16 weeks

**2nd dose:** meningitis B vaccine

**3rd dose:** 6-in-1 vaccine

>> **Increasing** their protection against diseases that can cause:

- Breathing difficulties
- Movement difficulties
- Dehydration
- Blood poisoning
- Brain damage



Tick if protected



## 4 1 year

**1st dose:** Hib/Meningitis C vaccine, MMR vaccine

**2nd dose:** pneumococcal vaccine

**3rd dose:** meningitis B vaccine



Tick if protected

- > **Starting** their protection against diseases that can cause:
  - Blindness
  - Seizures (fits)
  - Joint pain
- >> **Increasing** their protection against diseases that can cause:
  - Brain damage
  - Lung damage

## 5 3 years 4 months

**1st dose:** 4-in-1 booster vaccine

**2nd dose:** MMR vaccine



Tick if protected

- >> **Increasing** their protection against diseases that can cause:
  - Blindness
  - Blood poisoning
  - Joint pain
  - Brain damage
  - Seizures (fits)
  - Lung damage

## + 2 & 3 years

**Annual doses:** flu vaccine



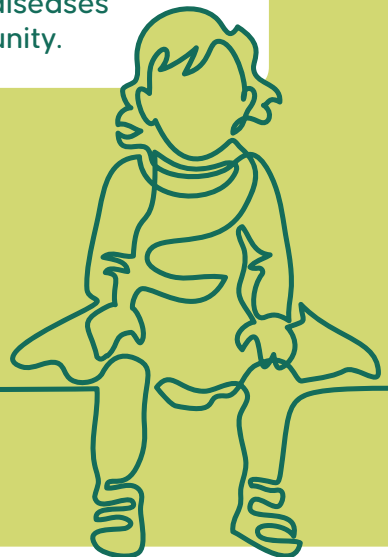
**Protecting** them against flu when they really need it.



Tick if protected

## Vaccine facts

- Millions of parents each year in the UK make sure their children get all their childhood vaccines. This keeps their children safe from dangerous but avoidable diseases.
- Childhood vaccines save up to four million lives a year.
- There are now safe and effective vaccines for more than 20 deadly diseases. You may not have heard of some of them. That is because vaccines help to keep cases low in the UK.
- The Meningitis C vaccine has helped to reduce cases of this disease by 99%. Vaccinating more people helps to stop diseases like this from coming back.
- Sometimes, one dose of a vaccine is not enough. Your child will only be fully protected if they have every dose offered to them.
- The chances of your child getting seriously ill because of a vaccine is incredibly low. It is about the same as their chances of getting struck by lightning.
- Your child's vaccines will not just keep them safe. It will also help to stop the spread of diseases to other at-risk people in your community.





## Find out more

### How to book your child's vaccination appointment:

<https://www.nhs.uk/conditions/vaccinations/booking-your-childs-vaccination-appointment/>



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### More information on childhood vaccines can be found below:

#### NHS vaccines and when to have them:

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>



#### Vaccination tips for parents:

<https://www.nhs.uk/conditions/vaccinations/vaccination-appointment-tips-for-parents/>

