



HELP AND SUPPORT AVAILABLE



ORGANISATION	ADDRESS	CONTACT NUMBER
Adult Mental Health Crisis Helpline	Covers Co. Durham, Darlington, Teesside, North Yorkshire and York	0800 0516 171 (open 24/7)
HBC Adult Safeguarding Team (Duty Team)	Civic Centre, Hartlepool, TS24 8AY	01429 523390
HBC Child Safeguarding Team (The Children's Hub)	Civic Centre, Hartlepool, TS24 8AY	01429 284284
Hartlepool Citizens Advice Bureau	87 Park Road, Hartlepool, TS26 9HP	0808 278 7967
Hartlepool Foodbank (contact through HBC Welfare helpline)	28 Church St, Hartlepool, TS24 7DH	01429 284284
Harbour (Help with domestic abuse)	8 Sydenham Road, Hartlepool, TS25 1QB	03000 202525
HBC Housing Advice Team (Help with homelessness)	Civic Centre, Victoria Road, Hartlepool, TS24 8AY	01429 266522
Hartlepool Mind (Lets Connect) (Help with mental health)	1 Tees Street, Hartlepool, TS24 8HB	01429 269303
Stewart House (Help with mental health)	53 Church Street, Hartlepool, TS24 7DX	01429 803740
Salvation Army	Park Road, Hartlepool, TS26 9HT	01429 272462
Samaritans	147 Borough Road, Middlesbrough, TS1 3AT	116 123 (free)
START (Help with substance misuse)	Whitby Street, Hartlepool, TS24 7AB	01429 285000
West View Advice and Resource Centre	The Community Centre, Miers Avenue, Hartlepool, TS24 9JQ	01429 271294