

PLEASE NOTE CHANGE IN START TIME

ADULT AND COMMUNITY BASED SERVICES COMMITTEE AGENDA



Thursday 7 February 2019

at 11.00am

in Committee Room B,
Civic Centre, Hartlepool

MEMBERS: ADULT AND COMMUNITY BASED SERVICES COMMITTEE

Councillors Brewer, Hamilton, Little, McLaughlin, C Richardson, Thomas and Young

1. **APOLOGIES FOR ABSENCE**

2. **TO RECEIVE ANY DECLARATIONS OF INTEREST BY MEMBERS**

3. **MINUTES**

- 3.1 To receive the Minutes and Decision Record in respect of the meeting held on 10 January 2019 (*for information as previously circulated*).

4. **BUDGET AND POLICY FRAMEWORK ITEMS**

No items.

5. **KEY DECISIONS**

No items.

6. **OTHER ITEMS REQUIRING DECISION**

- 6.1 Mental Health Update – *Director of Adult and Community Based Services*



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7. ITEMS FOR INFORMATION

- 7.1 Non-Residential Services for Older People – *Director of Adult and Community Based Services*
- 7.2 Support for People Living with Dementia – *Director of Adult and Community Based Services*

8. ANY OTHER BUSINESS WHICH THE CHAIR CONSIDERS URGENT

FOR INFORMATION

Date of next meeting – Thursday 7 March 2019 at **2.30pm** in the Civic Centre, Hartlepool



ADULT AND COMMUNITY BASED SERVICES COMMITTEE

MINUTES AND DECISION RECORD

10 January 2019

The meeting commenced at 10.00 am in the Civic Centre, Hartlepool

Present:

Councillor: Stephen Thomas (In the Chair)

Councillors: James Brewer, Lesley Hamilton, Sue Little, Carl Richardson and
Mike Young

Also present:

Frank Harrison, National Pensioners Convention
Ruby Marshall, HealthWatch

Officers: Jill Harrison, Director of Adult and Community Based Services
Gemma Ptak, Assistant Director, Preventative and Community
Based Services
Jeanette Willis, Head of Strategic Commissioning
Neil Harrison, Head of Safeguarding and Specialist Services
Angela Armstrong, Principal Democratic Services Officer

47. Apologies for Absence

Apologies for absence were received from Judy Gray (HealthWatch Hartlepool).

48. Declarations of Interest

Councillor Carl Richardson declared a personal interest in minute 52 and Councillor Stephen Thomas declared his usual personal interest as an employee of HealthWatch Hartlepool.

49. Minutes of the meeting held on 6 December 2018

Received.

50. Accessable – Accessibility Guide *(Director of Adult and Community Based Services)*

Type of decision

For information.

Purpose of report

To provide an update to Adult and Community Based Services Committee on the development of an online accessibility guide.

To make Adult and Community Based Committee aware of a proposed future launch event

Issue(s) for consideration

The Head of Service provided a presentation which highlighted that AccessAble, originally called DisabledGo, had been commissioned by Hartlepool Borough Council to undertake access reviews for 200 venues across the Town. In total, 75 access guides had been completed in Hartlepool and the guides were being uploaded to the new AccessAble website. In addition, 125 Hybrid access guides had been completed and will also be uploaded to the website. The final progress report was attached at Appendix 1 and described the detail of the types of reviews conducted.

During the discussion that ensued, clarification was sought on the involvement of service users in identifying access issues and potential solutions. The Head of Service indicated that this organisation was very much led by people with a disability and prides itself on engaging with people with live experience. The Director of Adult and Community Based Services added that the website had the option for people to provide feedback on facilities visited and this was very much welcomed. The Head of Service gave a demonstration of the AccessAble website highlighting that the interface of the site can be tailored to suit an individual's specific needs.

In response to a question from a Member, the Director of Adult and Community Based Services confirmed that all organisations were required by the Equality Act to make reasonable adjustments to enable access for people with disabilities. This would be done in conjunction with the local Council's Building Control and Planning Officers. The Chair suggested that further information on how this would be dealt with in the case of listed buildings be provided by the relevant Officers and circulated to all Members of the Committee.

It had been reported recently that there had been an issue with disability access at a particular railway station. The representative from the National Pensioners Convention indicated that there was an organisation called Rail Assist who could arrange assistance within railway stations if contacted with at least 24 hours notice. The Chair suggested that this

information be added to the Hartlepool Now website to raise awareness of this service.

In response to a question from the Chair, the Head of Service confirmed that work was ongoing to improve the support for specific groups of people including people with autism, sensory loss and dementia. In addition, where a particular priority was identified for Hartlepool, this will also be included.

The very informative presentation was noted and Members were asked to note and attend if possible, the launch of the AccessAble website for Hartlepool which was originally planned for 4 February 2019 but will now be rescheduled. Further details were available from the Head of Service and all Members will be provided with details of the launch event once confirmed.

Decision

- 1) The presentation and progress to date was noted.
- 2) It was noted that details regarding the launch event for the AccessAble website will follow.
- 3) That a response on the approach to disability access arrangements in listed buildings be circulated to all Members of the Committee.
- 4) That the Hartlepool Now website be updated to include reference to the assistance for people with disabilities in railway stations as provided by Rail Assist.

51. Preventative and Community Based Services *(Director of Adult and Community Based Services)*

Type of decision

For information.

Purpose of report

To provide the Adult and Community Based Services Committee with information regarding Preventative and Community Based Services, and work that is underway to strengthen links with Adult Social Care.

Issue(s) for consideration

The key service delivery areas within Preventative and Community Based Services are:

- Community Hubs incorporating a library offer; information and advice; and access to a range of health and employment support;
- Leisure Centres (Mill House Leisure Centre, Brierton Sports Centre, Headland Sports Hall and Grayfields Recreation Ground);
- Learn to Swim Programme;
- Carlton Outdoor Education Centre;
- Summerhill Outdoor Activity Centre;

- Sport and Physical Activity Team;
- Exercise on Referral Programme (HELP); and
- Strategy Development and Implementation (Playing Pitch Strategy, Indoor Facilities Strategy etc).

The key priorities within Preventative and Community Based Services were included within the report along with a number of areas highlighted as performing well and delivering positive outcomes for local people. It was noted that a number of successful and productive links had been developed between Adult Social Care and Preventative and Community Based Services including a joined up approach to the development of the falls service and the home library service as an initiative to tackle social isolation. The following were areas being explored for the future:

- Centre for Independent Living;
- Carers;
- Drug and Alcohol Services; and
- Mental Health Services.

The financial pressures across the Preventative and Community Based Services were outlined in the report and it was noted that work was ongoing to identify options to manage those pressures within existing budgets but scope to do so was limited.

In response to a number of questions by Members of the Committee, the Director of Adult and Community Based Services confirmed that further detailed reports will be submitted to future meetings of the Committee around the financial pressures in specific service areas. It was highlighted that the Council was committed to maintaining front line services, however, the current financial position as a whole posed a really significant challenge across all service areas.

A discussion ensued on the potential health benefits of sports and activities for all ages to promote a healthy lifestyle. In addition, it was noted that there was an abundance of retired people in the town who would enjoy the opportunity to pass on their lifeskills such as cooking and budget effectively on a voluntary basis. The Assistant Director, Preventative and Community Based Services reassured Members that a holistic approach was being looked at across all demographics in partnership with Public Health and Schools including the provision of workshops within the Community Hubs. A Member referred to a programme that worked with children with disabilities to teach them cooking and life skills which led to a qualification.

It was noted in the report that work was ongoing on the commercialisation of Carlton Adventure (previously Carlton Outdoor Centre) and a Member asked if he could be involved in that. A Member referred to the value and success of the Desmond course that was run from the Community Hubs and suggested that this could be utilised in a wider setting. The Director of Adult and Community Based Services confirmed that the further

development of the services provided within the Community Hubs will be reported to a future meeting of this Committee.

The Chair concluded that whilst there were concerns around the sustainability of Council services in view of ongoing budgetary reductions from Central Government, this was an opportunity to explore how functions can be further integrated into core activities of adult social care. In addition to this, the importance of improving the offer to young carers experiencing social isolation was reiterated. The Director of Adult and Community Based Services confirmed that a Joint meeting of the Children's and Adult and Community Based Services Committee was being held on Tuesday 5 February to look at an Carers' Strategy covering all age groups.

Decision

- 1) That the progress made to date be noted.
- 2) That Councillor Mike Young be invited to attend the Chair's planned visit to Carlton Adventure.

52. Capital Investment in Care Homes for Older People (*Director of Adult and Community Based Services*)

Type of decision

For information.

Purpose of report

To provide the Adult and Community Based Services Committee with an update in relation to the use of Improved Better Care Fund capital funding to improve care home provision for older people.

Issue(s) for consideration

It was noted that proposals had been submitted by care homes with many focussing on creating dementia friendly environments and all plans aiming to improve the experience of residents including:

- Sensory gardens;
- Conservatory;
- Dementia friendly designed furniture;
- Improved dining experience;
- Replacement of lighting for brighter environments;
- Replica village through wall decoration; and
- Interactive sensory equipment.

A more detailed summary of the work completed to date was attached as Appendix 1 and a number of photographs of works already completed were attached at Appendix 2. All homes had been able to demonstrate how this was significant capital investment had positively impacted on the home and residents and care home managers had been very appreciative of the continued support from the Local Authority. Officers continue to

monitor progress in the homes where works were not yet completed and to review the impact of improvements through regular quality monitoring processes.

The Chair proposed that a visit to one or two of the care homes be arranged before or after the next meeting of the Committee on Thursday 7 February 2019.

Members congratulated all involved in this project on the positive work undertaken, utilising the funding provided through the Improved Better Care Fund, to improve the offer within the care homes in Hartlepool. The Head of Strategic Commissioning commented that care homes managers had really welcomed the additional funding and the commitment to care homes demonstrated by the Council. A discussion ensued on the difficulties facing Adult Social Care in view of the ongoing budgetary reductions being imposed by the Government.

In response to a question from a Member, the Head of Strategic Commissioning indicated that a lot of the improvements had been made specifically with a view to supporting individual residents and information on whether homes allowed residents to keep their pets would be circulated to Members of the Committee. It was noted that some care homes had initiatives in place where people took animals to visit residents but the needs of residents were always paramount.

The Chair concluded that the improvements made through this element of the Improved Better Care Fund were fantastic and had achieved positive outcomes.

Decision

- 1) That the report was noted.
- 2) That a visit be arranged immediately prior to or following the next meeting of the Committee on 7 February 2019 to two homes.

53. Any Other Items which the Chairman Considers are Urgent

The Chairman ruled that the following items of business should be considered by the Committee as a matter of urgency in accordance with the provisions of Section 100(B) (4)(b) of the Local Government Act 1972 in order that the matter could be dealt with without delay.

Minute 54 – National Convention Annual Dignity Day

54. Any Other Business – National Pensioners Convention Annual Dignity Day

The representative from the National Pensioners Convention informed Members of the Committee that the Annual Dignity Day would be held on

Saturday 2 February 2019 between 11.00am and 2.00pm. Everyone was welcome to attend but if anyone wished to run a stall at the event, to let Frank Harrison know at their earliest convenience.

The meeting concluded at 11.30am

H MARTIN

CHIEF SOLICITOR

PUBLICATION DATE: 17 JANUARY 2019

ADULT AND COMMUNITY BASED SERVICES COMMITTEE

7 February 2019



Report of: Director of Adult and Community Based Services

Subject: MENTAL HEALTH UPDATE

1. TYPE OF DECISION / APPLICABLE CATEGORY

Non-key decision.

2. PURPOSE OF REPORT

- 2.1 To provide an update to the Adult and Community Based Services Committee on progress against the Mental Health Joint Implementation Plan.

3. BACKGROUND

- 3.1 A number of key framework documents have been produced in recent years in relation to mental health services. These documents look at supporting improvement across all sectors and are heavily influenced by social inclusion perspectives.
- 3.2 Key documents include, but are not limited to, the following:-
- **NHS Outcomes framework** - Improving experience of healthcare for people with mental illness
 - **Adult Social Care Outcomes Framework** - people who use services are satisfied with their care
 - **Public Health Outcomes Framework** – Suicide rates
 - **No Health without Mental Health** – most people will have good mental health
 - **Closing the Gap** – improved access to Psychological therapies
 - **Mental Health Crisis Care Concordat** – Access to support before crisis point
 - **Five Year Forward view for Mental Health** - A report from the Independent Mental Health Taskforce to NHS England

4. PROPOSALS

- 4.1 The Mental Health Forum aims to promote collaborative working across statutory, private and voluntary sector organisations in partnership with people who use mental health services, their carers and families
- 4.2 The Mental Health Forum is tasked with monitoring progress against the Hartlepool Mental Health Joint Implementation Plan and is chaired by Healthwatch Hartlepool with representation from Hartlepool Borough Council, Hartlepool and Stockton on Tees Clinical Commissioning Group, Tees Esk and Wear Valley NHS Foundation Trust, local stakeholders from the private and voluntary sector as well as people who use services and carers.
- 4.3 An update on progress on the Joint Implementation Plan was presented to Adult Services Committee on 29 March 2018 and agreement was sought to further develop a local plan to include a focus on the Prevention Concordat; the Crisis Care Concordat and the recommendations of Hartlepool Matters report published in 2016.
- 4.4 The Prevention Concordat for Better Mental Health was published by Public Health England and updated on 16 November 2018. The Concordat is based around four key statements:
1. Promote a prevention focused approach.
 2. Work collaboratively to secure placed based improvements.
 3. Build capacity and capability across our workforce.
 4. Commitment to support providers to adopt a preventative approach.
- 4.5 The Crisis Care Concordat makes reference to four key themes:
1. Access to support before crisis point
 2. Urgent and emergency access to crisis care
 3. Quality of treatment and care when in crisis
 4. Recovery and staying well.
- 4.6 Hartlepool Matters makes reference to four key areas:
1. Consider using a 'Working Together for Change' approach to developing a Local Health and Social Care Plan.
 2. Education, training and raising awareness with professionals and public.
 3. Better use of community and voluntary sector to support individuals in their home and help navigate services.
 4. Better integration between health and social care services.

5. PROGRESS

- 5.1 A Working Together for Change event was held at the Centre for Independent Living on 12 December 2018. The event was attended by 65 individuals representing 14 organisations, including commissioners, service providers family carers and people with lived experience.

- 5.2 An overview report of the event and the key priorities are attached as **Appendix 1**.

6. RISK IMPLICATIONS

- 6.1 There are no risk implications associated with this report.

7. FINANCIAL CONSIDERATIONS

- 7.1 There are no financial considerations associated with this report

8. LEGAL CONSIDERATIONS

- 8.1 There are no legal considerations associated with this report

9. CONSULTATION

- 9.1 The Department of Health and Social Care 'Working Together for Change' methodology was used to consult with members of the public, commissioners, family carers and people with lived experience of mental ill health.

10. CHILD AND FAMILY POVERTY

- 10.1 There are no child and family poverty implications associated with this report.

11. EQUALITY AND DIVERSITY CONSIDERATIONS

- 11.1 There are no equality and diversity considerations specifically related to this report. It is intended that delivery of improvements to mental health services will ensure that people benefit from a more co-ordinated and efficient response in the event of needing assistance from a range of agencies in a time of crisis.

12. STAFF CONSIDERATIONS

- 12.1 There are no staff considerations associated with this report.

13. ASSET MANAGEMENT CONSIDERATIONS

- 13.1 There are no asset management consideration associated with this report.

14. RECOMMENDATIONS

- 14.1 It is recommended that the Adult and Community Based Services Committee note progress to refresh the Joint Mental Health Implementation Plan and agree the local priorities that have been co-produced through the recent Working Together for Change event.
- 14.2 The Adult and Community Based Services Committee is also asked to note that the information presented at **Appendix 1** has been presented to Audit and Governance Committee for consideration as part of their review of Preventative Mental Health Services.

15. REASONS FOR RECOMMENDATIONS

- 15.1 The Mental Health Joint Implementation Plan aims to improve services and outcomes for people with mental health needs.

16. BACKGROUND PAPERS

- 16.1 Adult Services Committee Mental Health Update 29 March 2018
- 16.2 Crisis Care Concordat
<http://www.crisiscareconcordat.org.uk/areas/hartlepool>
- 16.3 Hartlepool Matters
https://www.hartlepool.gov.uk/downloads/file/2709/hartlepool_matters
- 16.4 Hartlepool Joint Implementation Plan
<https://www.hartlepoolnow.co.uk/documents/174-hartlepool-mental-health-implementation-plan.pdf>

17. CONTACT OFFICERS

Neil Harrison
Head of Safeguarding & Specialist Services
Hartlepool Borough Council
neil.harrison_1@hartlepool.gov.uk

Sign Off:-

Director of Finance and Policy ☒

Chief Solicitor ☒



healthwatch
Hartlepool

Get Hartlepool Active



1 in 10 children experience a mental health problem



1 in 6 adults have had a common mental health problem in the last week



Mental Health
First Aid



Psychological
Therapies



Intensive home based
family support



Access to care in
a crisis



1 in 5 adults have considered taking their own life in the past

9 in 10 people with mental health problems experience stigma and discrimination.



Signs and symptoms



Too much sleep or
trouble sleeping



Trouble focussing
or having racing
thoughts



Changes in
appetite



Isolating yourself
from others or
losing interest in
things you once
enjoyed



Irritability or
having a short
temper

Hartlepool Mental Health joint Plan 2019-2021



- Tackling Social Isolation and Loneliness.
- The Development of a Wellbeing Hub and Café.
- Children & Young People, educating the public
- Transport and safe places.

Mental Health First Aid



- Single Point of Access into Mental Health Services.
- GP Time to talk, raising awareness of primary care services.

Psychological Therapies



- Improving the timeliness of access to Mental Health services.
- Tackling stigma and understanding what is good Mental Health

Intensive home based family support



- Access to local respite and crisis beds
- A shift from Crisis Care to Prevention and Early Intervention

Access to care in a crisis

Signs and symptoms



Too much sleep or trouble sleeping



Trouble focussing or having racing thoughts



Changes in appetite



Isolating yourself from others or losing interest in things you once enjoyed



Irritability or having a short temper

ADULT AND COMMUNITY BASED SERVICES COMMITTEE

7 FEBRUARY 2019



Report of: Director of Adult and Community Based Services

Subject: NON-RESIDENTIAL SERVICES FOR OLDER
PEOPLE

1. TYPE OF DECISION/APPLICABLE CATEGORY

1.1 No decision required; for information.

2. PURPOSE OF REPORT

2.1 To provide the Adult and Community Based Services Committee with an update in relation to non-residential services provided and commissioned by the Council to support older people.

3. BACKGROUND

3.1 This Committee receives regular updates on residential services to older people in acknowledgement that these individuals are some of the most vulnerable people the Council supports.

3.2 The provision of residential care is the single largest expenditure budget within Adult Services which is offset by personal contributions. Although the expenditure on residential care is significant, there are a relatively small number of individuals residing in residential care of the total population of older people currently resident in Hartlepool (approximately 17,700) and 3,600 older people with eligible care needs are supported to live in their own homes. The Council will always do all it can to ensure that people can stay in their own homes for as long as possible and has a range of services to enable individuals to maintain their independence.

4. SERVICE PROVISION

4.1 Services provided to support older people range from lower level preventative services to intensive personal care support. The list below is not exhaustive and the services are listed are either provided by the Council or commissioned from a range of different organisations:

- Domiciliary Care – delivered in people's homes
- Intermediate Care services
- Building based Day Opportunities & Social Inclusion
- Community based Day Opportunities & Social Inclusion
- Extra Care housing
- Direct Payments
- Carers Emergency Respite Services
- Telecare
- Dementia Advisory Service
- Handy Person Services
- Befriending Network
- Carers Support
- Project 65
- Floating Support in Sheltered Housing
- Equipment, Aids & Adaptations

4.2 A presentation will be delivered to the Committee to provide detail regarding these services, both in terms of service delivery and quality.

4.3 Further information regarding all of these services can also be found on Hartlepool Now, which can be accessed online at www.hartlepoolnow.co.uk or via the Hartlepool Now app.

5. RISK IMPLICATIONS

5.1 There no specific risks associated with this report.

6. FINANCIAL CONSIDERATIONS

6.1 There are significant financial considerations associated with the delivery of services to older people. More people are living for longer and many have increasingly complex needs, and the prevalence of dementia is also increasing. While increasing life expectancy is to be celebrated, there needs to be a greater focus on ensuring that people experience a good quality of life in older age and are able to live independently. Without this, there will inevitably be financial implications for Councils and health partners. There are no specific financial considerations associated with this report.

7. LEGAL CONSIDERATIONS

- 7.1 There are no legal implications associated with this report.

8. CHILD AND FAMILY POVERTY CONSIDERATIONS

- 8.1 There are no child and family poverty considerations associated with this report.

9. EQUALITY AND DIVERSITY CONSIDERATIONS

- 9.1 There are no equality and diversity considerations associated with this report.

10. STAFF CONSIDERATIONS

- 10.1 There are no staff considerations associated with this report.

11. ASSET MANAGEMENT CONSIDERATIONS

- 11.1 There are no asset management considerations associated with this report.

12. RECOMMENDATIONS

- 12.1 It is recommended that the Adult and Community Based Services Committee note the contents of this report.

13. REASONS FOR RECOMMENDATIONS

- 13.1 The Adult and Community Based Services Committee has acknowledged the importance of service provision for older people as a priority owing to the vulnerability of older people.

14. CONTACT OFFICER

- 14.1 Jeanette Willis
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ADULT AND COMMUNITY BASED SERVICES COMMITTEE

7 February 2019



Report of: Director of Adult and Community Based Services

Subject: SUPPORT FOR PEOPLE LIVING WITH DEMENTIA

1. TYPE OF DECISION/APPLICABLE CATEGORY

1.1 No decision required – for information.

2. PURPOSE OF REPORT

2.1 This report provides the Adult and Community Based Services Committee with a further update regarding support for people living with dementia in Hartlepool, following a report in December 2017.

3. BACKGROUND

3.1 Dementia is one of the most pressing issues relating to older people. It is a range of symptoms including memory loss, mood change and problems with communication and reasoning that are brought about by diseases that damage the brain, such as Alzheimer's disease. It is progressive and at present there are no cures, although there are evolving treatments that can slow the progress of the disease and sustain people for longer.

3.2 The National Dementia Strategy: Living Well with Dementia was launched in 2009 and highlighted the need for early diagnosis and treatment as it was estimated that only a third of people with dementia received an accurate and timely diagnosis.

3.3 Significant inroads have been made nationally to increase dementia diagnosis rates. Locally dementia diagnosis was chosen as a local indicator within the Better Care Fund Plans for 2015/16 and 2016/17 and the current diagnosis rate is approximately 85%, which is one of the highest rates regionally and nationally.

3.4 The underlying reasons for people with dementia not being identified and formally diagnosed early include:

- lack of information;
- lack of awareness and confidence in dealing with people living with dementia, by both the general public and medical and support staff; and
- the fact that dementia remains a subject that many people find hard to talk about, much like cancer was 15 – 20 years ago. Everyone knows someone who has it or is affected by it but doesn't talk about it.

3.5 The number of those anticipated to be living with dementia by 2030 is significant; the table below shows the steady anticipated increase with an estimated 54% total increase by 2030.

Hartlepool - Dementia - all people	2017	2018	2020	2025	2030
People aged 65-69 predicted to have dementia	68	66	65	72	83
People aged 70-74 predicted to have dementia	121	127	140	129	149
People aged 75-79 predicted to have dementia	188	182	187	257	250
People aged 80-84 predicted to have dementia	322	325	335	332	450
People aged 85-89 predicted to have dementia	322	339	361	400	417
People aged 90 and over predicted to have dementia	240	240	26	357	447
Total population aged 65 and over predicted to have dementia	1,261	1,278	1,356	1,546	1,794

4. NATIONAL DEVELOPMENTS

4.1 The National Dementia Strategy - Living Well with Dementia, aims to ensure significant improvements are made to dementia services across three key areas:

- improved awareness;
- earlier diagnosis and intervention; and
- higher quality of care.

Implementation of the Strategy's key objectives requires activity at a local level. The objectives are set out below:

Objective	
1	Improving public and professional awareness and understanding of dementia.
2	Good-quality early diagnosis and intervention for all
3	Good-quality information for those with diagnosed dementia and their carers
4	Enabling easy access to care, support and advice following diagnosis
5	Development of structured peer support and learning networks
6	Improved community personal support services

7	Implementing the Carers' Strategy
8	Improved quality of care for people with dementia in general hospitals
9	Improved intermediate care for people with dementia
10	Considering the potential for housing support, housing-related services and Telecare to support people with dementia and their carers
11	Living well with dementia in care homes
12	Improved end of life care for people with dementia
13	An informed and effective workforce for people with dementia
14	A joint commissioning strategy for dementia
15	Improved assessment and regulation of health and care services and of how systems are working for people with dementia and their carers
16	A clear picture of research evidence and needs
17	Effective national and regional support for implementation of the Strategy

4.2 The Prime Minister's Challenge on Dementia 2020 includes a number of actions that are designed to make a real difference to the lives of people with dementia and their families and carers by 2020. Regionally North East ADASS (Association of Directors of Adult Social Services) has made a commitment to the following four key actions:

- GPs playing a leading role in ensuring co-ordination and continuity of care for people with dementia.
- Every person diagnosed with dementia having meaningful care following diagnosis.
- All NHS staff having received training on dementia appropriate to their role, including newly appointed healthcare assistants and social care workers undergoing training as part of the Care Certificate.
- National and local government taking a leadership role with all government departments and public sector organisations becoming dementia friendly and all tiers of local government being part of a local Dementia Action Alliance.

5. HARTLEPOOL POSITION

5.1 As reported in December 2017, the work of the North of Tees Dementia Collaborative continues to focus on improving the care of people living with dementia. The Collaborative is now in its sixth year and includes representation from a wide range of partners. A list of members of the Collaborative is attached as **Appendix 1**.

5.2 Since the last update the Collaborative has continued to share and spread learning and ensure a community focussed approach. Areas of work include:

- Continuing to extend the membership to new organisations;
- Promoting a change agent culture within organisations, with identified improvement leads;
- Embedding and sustaining the changes agreed to date;
- Supporting change in new areas identified by one or more partners;

- Linking with the Better Care Fund work strands;
- Spreading elements of the work that would benefit other areas;
- Collating knowledge on good practice in other areas;
- Maximise joint working by establishing links with the South of Tees Dementia Collaborative, North East Dementia Alliance, Clinical Network Northern England and North East Dementia Hub.

5.3 The ongoing focus on dementia created by the Collaborative ensures there is now a common understanding of the issues and the need for change regarding support for people living with dementia and their carers. The initial steps in making Hartlepool more dementia friendly are continuing.

5.4 Since the last update the Collaborative has undertaken a wide range of projects including:-

- Quality Improvement Systems Leaders Course – key personnel from the Community Liaison Service (TEWV) and Occupational Therapy Team (TEWV) reviewing areas such as improving the use of sleep technology, OT requests and pathways for referrals.
- Filming with individuals and their carers focussing on hints and tips following diagnosis with dementia, the previous video made has received 1600+ hits on YouTube.
- Dementia Research Projects and identification of Dementia Champions.
- Dementia Celebration Events including Dementia Awareness Week, World Alzheimer's Day.

This list is not exhaustive but aims to give a flavour of the types of projects that the Collaborative enables individuals living with dementia in Hartlepool and their carers the opportunity to be involved with.

The Collaborative is a virtual community of professionals who have, through a collaborative approach, aligned strategic priorities linked to dementia to benefit the wider community. Part of the success of the Collaborative has been the role of a project lead, funded by statutory partners most recently by Hartlepool Borough Council, Stockton on Tees Borough Council and Tees Esk & Wear Valley NHS Mental Health Trust (TEWV). From April 2019 this project lead will no longer be funded but the focus on dementia and the work of the Collaborative will be maintained through identified leads in each of the organisations involved. , Hartlepool will continue to support the Collaborative through the Joint Commissioning Unit.

The Collaborative is a self-sustaining group with many initiatives embedded into mainstream activities and will continue to meet quarterly as currently established with administration support being shared by partners.

6. RAISING AWARENESS OF DEMENTIA IN HARTLEPOOL

- 6.1 There is sustained activity in Hartlepool to raise awareness of the impact of living with dementia predominantly through the continued success of the Dementia Advisory Service, commissioned by the Council, hosted at The Bridge and delivered by the Hospital of God.
- 6.2 The Bridge, located at Villiers Street in the town centre provides a drop in service and information centre for those living with dementia and their carers.
- 6.3 Dementia Friends Information Sessions continue to be a very effective means of assisting interested individuals, and particularly customer-facing staff, to become more aware of the issues faced by people with dementia and their carers. These sessions are delivered on a regular basis from The Bridge but are also delivered across the town by Dementia Champions -sessions are often delivered at events, in work places or for small groups.
- 6.4 There is a continuous programme of increasing Dementia Awareness through Dementia Friends sessions, registered numbers are as follows:

Dementia Champions (people who can deliver sessions to others)	30
Completed sessions	418
Dementia Friends	4,294
Digital Friends (completed session online)	747

- 6.5 Dementia Awareness Week ran from 21 – 25 May in 2018 and remains the main celebratory and awareness raising event in the year. Many local organisations come together to host events, fundraise or attend.

Events held last year included:

- Celebration Event at the Borough Hall incorporating the very successful Tea Dance;
- Carers Awards Evening
- Busking at Morrisons;
- Dementia based Story & Rhyme Sessions at Libraries; and
- Move a Memory Mile walk at Ward Jackson Park.

These were many other awareness raising and signposting information sessions with a total of 21 scheduled events on the timetable. Over 555 people engaged with the various events and £1,166 was raised for Dementia Hartlepool Charity Fund.

7 HARTLEPOOL AS A DEMENTIA FRIENDLY COMMUNITY

- 7.1 Following successful accreditation as a Dementia Friendly Community (DFC) in September 2015 Hartlepool as a DFC has gone from strength to strength helped by the focal point of The Bridge within the town centre. There are over 50 organisations registered as dementia friendly and many local organisations

have published their pledges on the Dementia Friendly Hartlepool (DFH) page of Hartlepool Now (further information can be found in **Appendix 2**).

- 7.2 The volunteers of DFH meet regularly to encourage, promote and plan how the community can engage with others to support residents who are living with dementia. The steering group that originally engaged in creating Dementia Friendly Hartlepool has now applied for charitable status to enable fund raising and is chaired and has formal terms of reference adopted by the group, members can be found in **Appendix 2**. The charity has independent trustees who oversee the use of funds raised for the charity and a process has been designed to gather feedback on the benefits of funds provided. Currently funds held by the charity are approximately £9,000.
- 7.3 The group has ensured that those committing to be part of DFH make pledges in at least one of the 7 category areas:
- Arts, Culture & Leisure
 - Businesses & Shops
 - Children, Young People & Schools
 - Community, Voluntary & Faith
 - Emergency Services
 - Health & Social Care
 - Housing & Transport

This enables the group to be able to identify which areas to prioritise for development.

- 7.4 DFH has grown because of the involvement of people living with dementia. Our Voice Matters is a group of people living with dementia that meets monthly and is registered with DEEP (Dementia Engagement & Empowerment Project) UK. The group regularly promote DFH with leaflet drops and by asking local shops and cafes to sign up to become Dementia Friendly. Through this work large supermarkets now support the development of DFH and support with fundraising activities.
- 7.5 In October the DEEP group visited Botton Village in the North York Moors which is a therapeutic setting for around 230 adults with a learning disability. The group, who all have experience of living with dementia, were invited along to give some advice on how they can make sure the Botton services are suitable to support people who develop memory problems and dementia. The transport costs were paid for with DFH funds.
- 7.6 The work carried out linking to DFH continues to be recognised. The Sport and Physical Activity Team won the community engagement award for their work “Discovering Dementia Through Play” at the Council’s Celebrating Achievement event on 30 November 2018. This is a rolling programme of work with local schools to raise awareness of dementia with children and help them understand how it affects them and their families.

- 7.7 Owing to the links with DFH and its charitable status the Sport and Physical Activity Team has been able to apply to Sport England for a grant from a new fund, the Ageing Active Fund. The fund has been created in the acknowledgement that inactivity among the over 55s is responsible for as many deaths as smoking. The grant will be used to increase participation in physical activity; particularly aimed at programmes that are suitable for those living with dementia.
- 7.8 DFH has impacted on the local community working with organisations and groups and there is also a real increase in awareness from individuals who want to help. In February a local resident, Barbara Forman, invited friends and family to her home for afternoon tea. A tombola was held and initially the event raised £521 for DFH, which was then increased by a local charity to £750. Another local group Creative Minds raised £164 through a music and afternoon tea event. These are just some examples of the increased activity around awareness and the impact having a local dementia charity has had.
- 7.9 As part of the pledges made locally the Council has made progress around its pledge to incorporate Dementia Friends training as part of the induction programme – the whole programme is under review currently and Dementia Friends training will be available routinely for new employees. Dementia Champion training is being sourced and willing volunteers recruited to enable an in-house approach to training staff. There are representatives of the council at the DFH steering group covering most of the pledge areas. Individual officers regularly attend events and the corporate communications team is part of the planning for Dementia Action Week 2019, plans are in place for brochures to be designed and distributed chronicling the events during the week to raise awareness. The commitment from the communications team also enables a social media approach using the Council's networks.
- 7.10 As reported in the last update funding was identified from the Improved Better Care Fund to support capital expenditure in care homes, which many providers used to support improvements for those living with dementia. A separate report was submitted to the Adult & Community Based Service Committee in January 2019 and was very positively received.

8. FUTURE DEVELOPMENTS

8.1 Active Ageing

As described in 7.9 a grant to the value of £5,200 has been received to increase physical activity for the over 55s with a specific focus on those living with dementia. The grant application at **Appendix 3** sets out the aims of the project and the detail involved.

As part of the project there is a requirement to carry out evaluation which will provide vital data on the impact and will provide an insight on further ways to help those living with dementia live fulfilling lives. A further update will be provided to Committee following the completion of the project.

9. RISK IMPLICATIONS

- 9.1 There are no risk implications associated with this report.

10. FINANCIAL CONSIDERATIONS

- 10.1 There are no financial considerations associated with this support. The North of Tees Dementia Collaborative is supported financially by the Council and the Dementia Advisory Service is supported through the Better Care Fund pooled budget. One off capital projects have been funded through the Improved Better Care Fund.

11. LEGAL CONSIDERATIONS

- 11.1 There are no legal considerations associated with this report.

12. CHILD AND FAMILY POVERTY CONSIDERATIONS

- 12.1 There are no child and family poverty considerations associated with this report.

13. EQUALITY AND DIVERSITY CONSIDERATIONS

- 13.1 The development of support for people with dementia and their carers, and the Dementia Friendly Hartlepool initiative aim to ensure that people with dementia are treated equitably.

14. STAFF CONSIDERATIONS

- 14.1 There are no staff considerations associated with this report.

15. ASSET MANAGEMENT CONSIDERATIONS

- 15.1 There are no asset management considerations associated with this report.

16. RECOMMENDATIONS

- 16.1 It is recommended that the Adult and Community Based Services Committee note the developments in relation to support for people with dementia and their carers and receive further progress reports as appropriate.

17. REASONS FOR RECOMMENDATIONS

- 17.1 The growing number of people with dementia and society's ability to support them is one of the biggest issues facing the developed world in the 21st century. This is set against a sustained period of reducing resources available within health and social care.
- 17.2 Hartlepool as a Dementia Friendly Community remains a key priority for the Council and its partners.

18. CONTACT OFFICER

Jeanette Willis
Head of Strategic Commissioning – Adult Services
Tel: 01429 523774
Email: Jeanette.willis@hartlepool.gov.uk

Members of the North of Tees Dementia Collaborative

The Funding Partners in the Collaborative are:-

- Hartlepool Borough Council
- Stockton on Tees Borough Council
- Tees, Esk and Wear Valleys NHS Foundation Trust

Statutory Partners are:

- Hartlepool and Stockton on Tees Clinical Commissioning Group
- North Tees and Hartlepool NHS Foundation Trust
- North East Commissioned Support (NECS)
- North East Ambulance Service
- NHS Hambleton, Richmondshire and Whitby Clinical Commissioning Group
- Redcar & Cleveland Borough Council
- South of Tees Dementia Collaborative
- LPC (Pharmacies)

In addition, a number of organisations, including those from the independent and voluntary sector have been involved including:

- Age UK
- Alzheimer's Society
- Catalyst
- Clevearc
- Sanctuary Housing
- Hartlepool Carers
- Hartlepool Healthwatch
- Hospital of God at Greatham
- Royal Voluntary Services
- Red Cross
- The ARC
- PCP/Healthwatch
- Joseph Rowntree Foundation
- Thirteen Group
- Stockton Healthwatch
- Sanctuary (Carers Organisation Stockton)
- TeesActive
- Aapna
- Five Lamps
- Avalon
- Education for Opportunities
- Alliance Psychology
- Approach Training Safely
- Hill Care
- Tristar Homes
- Three Rivers
- Safe In Tees Valley (Police Cadets)
- Music in Hospitals
- Groundworks

- Hand in Hand Care
- Wellburn House
- Home Group
- Cut Above
- South View Care Home, (Barchester)
- Rosedale Lodge
- Comfort Call
- Carewatch Hartlepool

Steering Group - Dementia Friendly Hartlepool

- Hartlepool Borough Council
- Dementia Collaborative
- Hospital of God
- Joseph Rowntree
- Tilly Bailey & Irving
- Hartlepool Carers
- Carewatch
- Healthwatch Hartlepool
- Approach Training Safely
- Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust

Organisations who have listed pledges on Hartlepool Now:

- Cleveland Fire Service
- Brierton Lodge Care Home
- Hart Medical Practice
- The Galleries Cafe
- Families First
- Regent Travel
- English Martyrs School
- Barclays
- The Copper Kettle
- St James Church
- Hartlepool Borough Council
- Citizens Advice
- Havelock Grange Practice
- Gainford Care Home
- Thirteen Group
- Santander
- Alice House Hospice
- Dots Place 2017
- Costa Coffee
- Cleveland Police
- Headland Baptist Church
- Groundwork
- Healthwatch
- EDF Energy
- Cut Above
- Age Inspiration
- Whitfields General Store
- West View Lodge Care Home
- Newcastle Building
- West View Millennium
- Age UK Teesside
- Mylife Living Assistance
- High Tunstall College of Science

- Carewatch
- Hartlepool United FC
- Healthways Chemist
- Florians Florist
- Brus Bakers
- West View Pharmacy
- North Tees And Hartlepool NHS Trust
- TEWV NHS Trust
- Hast CCG
- Dementia Collab
- Hartlepool Carers
- Approach Training Safely
- Clayfields Pharmacy
- Incontrolable
- Middleton Grange
- Seaton Surgery
- Tilley Bailey & Irving
- TMJ Legal Services



GETTING THE INACTIVE ACTIVE IN TEES VALLEY

GRANT APPLICATION FORM (For Internal Use Only)

Prior to completion please ensure that TVCF have a copy of:

- The latest accounts
- The governing document
- Latest Bank Statement

TVCF Reference Number:	
Organisation Name and Address:	Dementia Friendly Hartlepool Unit 2B Sovereign House Brenda Road Hartlepool TS25 1NN
Main Contact:	Corrine Walsh
Telephone Number:	07958 125060
Email Address:	corinne.walsh@nhs.net
Type of Organisation and any Registration Number (e.g. Companies House, Charity number, ClubMark number):	Charity
Brief Description of Organisation (150 words maximum)	Dementia Friendly Hartlepool aims to develop Hartlepool as a nationally recognised dementia friendly community. We want to ensure that people living with dementia are able to remain active and involved in their communities. Our work will help the local community be aware of and understand more about dementia. People living with dementia and their carers will be able to live life well and able to seek the help and support they need and access a range of opportunities which have previously been seen as inaccessible.

Do you have a website/Facebook page/podcast/ YouTube video that you would like us to look at to get further information on your organisation and the work you do?	https://www.hartlepoolnow.co.uk/pages/home/dementia-friendly-hartlepool https://www.facebook.com/DFHpool/																																		
Location of activity e.g. Stockton, Hartlepool)	Hartlepool Borough.																																		
How many people do you expect to benefit from the project?	320																																		
Please select any beneficiary group that will benefit from this grant?	<table border="0"> <tr> <td>Alcohol / Drug addiction</td> <td><input type="checkbox"/></td> <td>Men</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>BME groups</td> <td><input type="checkbox"/></td> <td>Women</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Carers</td> <td><input checked="" type="checkbox"/></td> <td>Long-term Unemployed</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Disadvantaged / Low Income</td> <td><input checked="" type="checkbox"/></td> <td>Homeless</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Offenders / Ex-offenders / At risk</td> <td><input type="checkbox"/></td> <td>NEETS</td> <td><input type="checkbox"/></td> </tr> <tr> <td>Families, Parents, Lone parents</td> <td><input type="checkbox"/></td> <td>People with mental health issues</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Lesbian, Gay, Bi-sexual & Transgender</td> <td><input type="checkbox"/></td> <td>People with Physical Health difficulties</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>People with Weight / Obesity issues</td> <td><input checked="" type="checkbox"/></td> <td>Refugees / Asylum Seekers/Migrants</td> <td><input type="checkbox"/></td> </tr> </table>			Alcohol / Drug addiction	<input type="checkbox"/>	Men	<input checked="" type="checkbox"/>	BME groups	<input type="checkbox"/>	Women	<input checked="" type="checkbox"/>	Carers	<input checked="" type="checkbox"/>	Long-term Unemployed	<input type="checkbox"/>	Disadvantaged / Low Income	<input checked="" type="checkbox"/>	Homeless	<input type="checkbox"/>	Offenders / Ex-offenders / At risk	<input type="checkbox"/>	NEETS	<input type="checkbox"/>	Families, Parents, Lone parents	<input type="checkbox"/>	People with mental health issues	<input checked="" type="checkbox"/>	Lesbian, Gay, Bi-sexual & Transgender	<input type="checkbox"/>	People with Physical Health difficulties	<input checked="" type="checkbox"/>	People with Weight / Obesity issues	<input checked="" type="checkbox"/>	Refugees / Asylum Seekers/Migrants	<input type="checkbox"/>
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	EQUIPMENT (PLEASE LIST)	£300	physical activity and reading opportunities (£300 per event inclusive of room hire, staffing, authors and key speakers). Pop up table tennis kits x 3 £170 Boccia Balls £130
	ROOM HIRE	£1,500	60 hours x £20 = £1,200 60 hours x £5 = £300
	SWIMMING POOL	£600	24 hours x £25 = £500
	TRAINING	£2,452	Boccia Leaders Award £480 CSLA Level 2 x 12 participants x £31 per person = £372 Functional movement training x 16 participants x £100 = £1,600
	MARKETING / PROMOTION	£300	Leaflet design and printing £200 Facebook target ads £60 (£15 per quarter) Business cards printing £40
	INCENTIVES	£1,500	Active cards x 80 x £12 = £960 enabling reduced access to all leisure facilities in the town allowing for continued participation within main stream activities. Merchandise £240 for branded water bottles £300 worth of free passes for various activities inclusive of various activities including Leisure Facilities, Outdoor Activities and Sailing.
	PROJECT TOTAL	£12,172	
	MATCH FUNDING	£5,180	
	COACHING	£1,440	
	FACILITY HIRE	£750	
	TRAINING	£1,840	
	MARKETING	£150	
	INCENTIVES	£1,000	

	<p>FUNDING REQUESTED</p> <p>£6,992</p>
<p>Do you have funding for the project from any other source, if so how much and who from?</p>	<p>Additional funding will be provided from Dementia Friendly Hartlepool to help support the project along with in kind contributions relating to coaches, facility hire and training/development.</p>
<p>What sport or physical activity will your project involve?</p>	<p>The project will involve a variety of different activities based on consultation and inclusive of boccia, new age kurling, chair based exercise, social dance, table tennis, swimming and walking football/netball to name all but a few. Additional to this a range of events would take place in Community Hubs engaging with authors around raising awareness of physical activity and dementia, these events have proved extremely popular in the past and activity sessions post would be linked and take place each quarter equating to 4 events over the course of the project.</p>
<p>Project Idea (Please describe the project that you are seeking funding for)</p> <p>Please specify how your project will identify and target those that are currently inactive</p>	<p>The project will run for a 12 month period initially; however, following the funding will be sustained long term through support from Dementia Friendly Hartlepool. The key focus of the funding will be to introduce a variety of tailored accessible physical activity opportunities for those living with Dementia, wider families and friends in addition to providing delivery in care/residential homes.</p> <p>In 2017 an array of taster sessions linked to wider events took place during Dementia Awareness Week in May. Activities varied from boccia, kurling, dancing, chair aerobics and table tennis to name all but a few. This provision was extremely well received by those in attendance with feedback stating physical activity was not for them and had previously been inaccessible prior to this week. Further comments identified participants felt as though they had a new lease of life. Following the success of the taster sessions and consultation a 'Live Well' programme was piloted at Brierton Sports Centre, for a six week period, this initiative engaged with 16 people that were previously inactive and saw 100% attendance throughout the duration of the programme. Key successes included an attendee living with Dementia, volunteering on a weekly</p>

7.2

APPENDIX 3

	<p>basis for Hartlepool Borough Council, Active Cards purchased for all participants who have since accessed leisure facilities and mainstream activity in addition to booking courts for badminton and table tennis. Additionally, the social aspect after each session, where participants had a tea/coffee and a chat worked well and this saw participants exchanging contact details and meeting outside of the session.</p> <p>National research has identified that leading a physically active lifestyle can have a significant impact upon wellbeing, especially of those living with dementia. Activity is beneficial for physical and mental wellbeing; however, at present is not fully accessible to the people of Hartlepool that are reluctant to engage with facilities such as this target audience. Also, from research conducted by Dementia Friendly Hartlepool, it found that 55% of people in which had accessed the services had never taken part in physical activity but the majority would like the opportunity to part take in dance, bowls and a variety of other sports/activities, which would be incorporated into a comprehensive programme.</p> <p>Further conducted consultation identified that the ‘Live Well’ sessions were of interest and something participants from care/residential homes and the Bridge (who offer support and advice on Dementia) would like to access, although transport and additional costs associated were a barrier. As part of this proposal we would like to take the activity out to the people of Hartlepool by offering blocks of 6 week provision for different established groups/residential homes whereby opportunities were currently limited or in most cases nonexistent. This links to work carried out with Care Watch, Hartlepool Hospital of God, Joseph Rowntree Foundation and Thirteen Housing Group to ensure delivery is targeted to appropriate participants identified as inactive, with poor mental health and their families, support workers and friends. Further activity would be pool based and come in the forms of Dementia Friendly swimming which would be for not only those living with dementia but also their extended families and support workers. Delivery would take place within Mill House Leisure Centre with 4 blocks of 6 weeks over the course of the project.</p> <p>Alongside provision quarterly events would take place providing all attendees with the opportunity to meet others and take part in fun competitions. Further events would be scheduled and take place within Community Hubs linking community cohesion, increased activity opportunities and awareness of Dementia to local residents. Monitoring and evaluation would take place throughout with utilisation of the Tanita Body Composition scales in addition to measuring impact in relation to social isolation, physical and mental wellbeing.</p> <p>Supplementary to the physical activity delivery, Community Connectors and Lifestyle Intervention Officers would offer healthy lifestyle group sessions, and one to one MI (motivational Interviewing) appointments (where necessary) twice each quarter along with socially prescribing participants to other services which were of benefit.</p>
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7.2

APPENDIX 3

How will you sustain the project once the funding has ended?	The project will be self sustained once the funding has ended through up skilling staff to deliver specific elements of the project, the continuation of in kind contributions from relevant organisations such as Hartlepool Borough Council, Tees Esk and Wear Valley NHS Trust, Hartlepool Hospital of God and the Joseph Rowntree Foundation. Additionally, Dementia Friendly Hartlepool will continue to financially support the project and invest monies raised as part of wider events. Aside from this the group would continue to look to source supplementary funding where applicable.												
Will you be working with any other partners or groups to help you deliver the project?	A variety of partners will play a key role in ensuring the project is delivered effectively; these include Hartlepool Borough Council, Tees Esk and Wear Valley NHS Foundation, Care Watch, Joseph Rowntree Foundation, Thirteen Group, Hartlepool Carers, Ground Works NE, in addition to a range of Community Voluntary organisations.												
What is the expected age of the people who will benefit from your project?	<div data-bbox="544 1016 895 1312"> <table> <tr><td>Children (5-13)</td><td><input type="text"/></td></tr> <tr><td>Teens (14-19)</td><td><input type="text"/></td></tr> <tr><td>Young Adults (20-25)</td><td><input type="text"/></td></tr> <tr><td>Adults (26-54)</td><td><input type="text" value="50"/></td></tr> <tr><td>Older Adults (55+)</td><td><input type="text" value="270"/></td></tr> <tr><td>All ages</td><td><input type="text" value="320"/></td></tr> </table> </div> <p>This number is inclusive of engagement with support workers, families and friends also.</p>	Children (5-13)	<input type="text"/>	Teens (14-19)	<input type="text"/>	Young Adults (20-25)	<input type="text"/>	Adults (26-54)	<input type="text" value="50"/>	Older Adults (55+)	<input type="text" value="270"/>	All ages	<input type="text" value="320"/>
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Does your project overcome any specific need? If so what.	The project overcomes a variety of specific needs including improved physical and mental wellbeing which within the target audience is currently identified as poor. Provision is to be targeted at a population with limited to no levels of physical activity due to awareness and perceived barriers relating to cost, transport and confidence. The project will additionally impact positively on individual development with volunteering and training opportunities linked to the long term potential of creating employment. Furthermore, delivery and engagement will have an extremely positive influence on social isolation and offer opportunities to integrate the target population into the wider community.												

How many weeks do you expect the project to run for?	0-6 weeks <input type="checkbox"/> 6-12 weeks <input type="checkbox"/> 3-6 months <input type="checkbox"/> 6-9 months <input type="checkbox"/> 9-12 months <input checked="" type="checkbox"/>										
Please identify which of Sport England's outcomes your project meets and explain? For example: The project will improve the health and wellbeing of residents within a care home	<table border="0"> <tr> <td>Physical Wellbeing</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Individual Development</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Mental Wellbeing</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Social & Community Development</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Economic Development</td> <td><input type="checkbox"/></td> </tr> </table> <ul style="list-style-type: none"> Physical wellbeing – the project aims to improve the physical health and wellbeing of a specific population by supporting these individuals to stay physically active by providing bespoke opportunities. Mental wellbeing – poor mental health is prevalent within the target audience. By supporting them to remain physically active in their communities it is hoped this will improve mental wellbeing and help people to manage these conditions. Individual development – the project aims to provide training and development opportunities to those individuals who wish to develop further and offer opportunities to become champions/ambassadors for this population group linked to Hartlepool Borough Council's Volunteer package. Social and community development – the project aims to boost social cohesion and integration among this population group and the wider community and breakdown social isolation within the target population. 	Physical Wellbeing	<input checked="" type="checkbox"/>	Individual Development	<input checked="" type="checkbox"/>	Mental Wellbeing	<input checked="" type="checkbox"/>	Social & Community Development	<input checked="" type="checkbox"/>	Economic Development	<input type="checkbox"/>
Physical Wellbeing	<input checked="" type="checkbox"/>										
Individual Development	<input checked="" type="checkbox"/>										
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Economic Development	<input type="checkbox"/>										
Do you need any advice or support to make your project work?	Support in regards to detailed evaluation would be helpful – access to any additional systems. Currently have relevant databases, access to Survey Monkey, report systems etc. Also, any marketing and communication ideas would assist in ensuring promotion is maximised.										

7.2

APPENDIX 3

If yes, please rank which of the following would be most beneficial to you? (1 being the most beneficial and 6 the least)	Training Need	1 to 6 ranking
	How to recruit and keep volunteers and coaches	3
	How to use social media to promote your activities	
	Governance and Codes of Conduct e.g. DBS checks, Keeping People Safe	6
	How to keep accounts and financial information – how to set fees etc.	
	How to run a successful event?	5
	Behaviour Change	
	Monitoring and Evaluation	3
	Sports Funding	
	Any other suggestions (please specify below)	
Assessor Comments		